University of Gdańsk

Subject card

Subject name and code	Physical education, PG_00057608		
Field of study	Spatial Management		
Date of commencement of studies	October 2023	Academic year of realisation of subject	2024/2025
Education level	Bachelor's studies	Subject group	
Mode of study	full-time studies	Mode of delivery	at the university
Year of study	2	Language of instruction	Polish
Semester of study	3	ECTS credits	0.0
Learning profile	academic	Assessment form	credit
Conducting unit	Rector		
Name and surname of lecturer (lecturers)	Subject supervisor	mgr Hanna Wesołowska-Szprada	
	Teachers	mgr Edward Pawlun mgr Wojciech Pawicki mgr Joanna Kapitańska	

Lesson types

Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
Number of study hours	0.0	60.0	0.0	0.0	0.0	60

E-learning hours included: 0.0

Learning activity and number of study hours

Learning activity	Participation in didactic classes included in study plan	Participation in consultation hours	Self-study	SUM
Number of study hours	60	0.0	0.0	60

Subject objectives

- shaping the need for constant physical activity as part of a pro-healthy lifestyle,

- popularization of various forms of physical activity: sports, tourism and recreation, rehabilitation,

- formation of general physical fitness and movement skills and habits in the field of selected disciplines,

- supporting harmonious psychophysical development

Learning outcomes

Course outcome	Subject outcome	Method of verification

Subject contents

Depends on the type of activities selected by the student from the CWFiS offer: weight training, fitness, team games.

Prerequisites and co-requisites

Brak wymagań

Assessment methods and criteria

Subject passing criteria	Passing threshold	Percentage of the final grade
	100.0%	100.0%

Recommended reading

Basic literature	
Supplementary literature	
eResources addresses	

Example issues/ example questions/ tasks being completed

Work placement	Not applicable

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