

Subject card

Subject name and code	Physical education, PG_00057608						
Field of study	Spatial Management						
Date of commencement of studies	October 2023	Academic year of realisation of subject		2024/2025			
Education level	Bachelor's studies	Subject group					
Mode of study	full-time studies	Mode of delivery		at the university			
Year of study	2	Language of instruction		Polish			
Semester of study	3	ECTS credits		0.0			
Learning profile	academic	Assessment form		credit			
Conducting unit	Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		mgr Hanna Wesołowska-Szprada				
	Teachers		mgr Edward Pawlun mgr Wojciech Pawicki mgr Joanna Kapitańska				
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	60.0	0.0	0.0	0.0	60
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	60		0.0		0.0	60
Subject objectives	- shaping the need for constant physical activity as part of a pro-healthy lifestyle, - popularization of various forms of physical activity: sports, tourism and recreation, rehabilitation, - formation of general physical fitness and movement skills and habits in the field of selected disciplines, - supporting harmonious psychophysical development						
Learning outcomes	Course outcome		Subject outcome		Method of verification		
Subject contents	Depends on the type of activities selected by the student from the CWFIS offer: weight training, fitness, team games.						
Prerequisites and co-requisites	Brak wymagań						
Assessment methods and criteria	Subject passing criteria		Passing threshold		Percentage of the final grade		
			100.0%		100.0%		
Recommended reading	Basic literature						
	Supplementary literature						
	eResources addresses						
Example issues/ example questions/ tasks being completed							

Work placement	Not applicable
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