University of Gdańsk

Subject card

Subject name and code	Basis of Psychology - lecture, PG_00167903		
Field of study	Criminology		
Date of commencement of studies	October 2025	Academic year of realisation of subject	2025/2026
Education level	Bachelor's studies	Subject group	Optional subject group
Mode of study	part-time studies	Mode of delivery	at the university
Year of study	1	Language of instruction	Polish
Semester of study	1	ECTS credits	3.0
Learning profile	academic	Assessment form	credit
Conducting unit			
Name and surname of lecturer (lecturers)	Subject supervisor	dr hab. Artur Ziółkowski	
	Teachers	dr hab. Artur Ziółkowski	

Lesson types

Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
Number of study hours	15.0	0.0	0.0	0.0	0.0	15

E-learning hours included: 0.0

Learning activity and number of study hours

Learning activity	Participation in didactic classes included in study plan	Participation in consultation hours	Self-study	SUM
Number of study hours	15	0.0	60.0	75

Subject objectives

The aim of the lectures is to familiarize students with the basic mechanisms of human psychology. The course will present the history of psychology, the methodology of research in psychology, psychological concepts of the human behaviour and the most important theories. Students will be introduced to those strands of psychological research and inquiry that can be most useful to criminology graduates, and whose achievements criminologists can practically use in their professional work.

Learning outcomes

Course outcome	Subject outcome	Method of verification

Subject contents

1. The aims and objectives of psychology
2. Divisions of theoretical and applied psychology
3. Areas of application of psychological knowledge
4. Methods of research in psychology
5 The history of psychology
6. Psychological concepts of man
7. Basics of cognitive and emotional functioning of human psychology

Prerequisites and co-requisites

Assessment methods and criteria

Subject passing criteria	Passing threshold	Percentage of the final grade
Written exam with open and closed questions (tasks)	51.0%	100.0%

Recommended reading	Basic literature	Kozielecki, J. Psychological concepts of man, Warsaw, Wydawnictwo Akademickie "Żak" (in full). Mietzel, G. (2001). Introduction to psychology, Gdańsk, GWP. Chapters corresponding to the above mentioned content Rathus, S.A. (2004). Psychology in the new millenium, Gdańsk, GWP. Chapters 1, 2, 3, 5, 7, 8. Strelau, J. (ed.) (2000). Psychology. Academic Handbook. Volume 1. fundamentals of psychology, Gdańsk, GWP. Chapters corresponding to the above mentioned content Zimbardo, P.G., Ruch, F.L. (1988/1994/1996). Psychology and life. Chapters corresponding to the above mentioned content
	Supplementary literature	Eysenck, H., Eysenck, M. (2000). Mindwatching. Why we behave the way we do? Gdansk, GWP. Chapter 8.1. Freud, S. (1993). Psychopathology of everyday life. PWN. Chapter "Dreams ". Heller, M. (2009). How to be a scientist. Kraków, Znak. Hock, R.R. (ed.) (2005). 40 research papers that changed the face of psychology. Gdansk, GWP. Lukaszewski, W. (2003). Great questions of psychology, Gdańsk, GWP.
	eResources addresses	
Example issues/ example questions/ tasks being completed	The first psychological laboratory was established by: (a) Wilhelm Wundt (b) Herman von Ebbinghaus (c) Max Wertheimer (d) William James Describe the properties of LTM memory.	
Work placement	Not applicable	

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