

Subject card

Subject name and code	Physical education, PG_00149583						
Field of study	Russian Studies						
Date of commencement of studies	October 2025	Academic year of realisation of subject			2026/2027		
Education level	Bachelor's studies	Subject group			Obligatory subject group in the field of study Optional subject group		
Mode of study	full-time studies	Mode of delivery			at the university		
Year of study	2	Language of instruction			Polish		
Semester of study	3	ECTS credits			0.0		
Learning profile	academic	Assessment form			credit		
Conducting unit							
Name and surname of lecturer (lecturers)	Subject supervisor		mgr Hanna Wesółowska-Szprada				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	30.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		0.0		0.0	30
Subject objectives							
Learning outcomes	Course outcome		Subject outcome		Method of verification		
Subject contents							
Prerequisites and co-requisites							
Assessment methods and criteria	Subject passing criteria		Passing threshold		Percentage of the final grade		
			0.0%		0.0%		
Recommended reading	Basic literature						
	Supplementary literature						
	eResources addresses						
Example issues/ example questions/ tasks being completed							
Work placement	Not applicable						

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