

Subject card

Subject name and code	Polish History – Thematic Class II, PG_00073633						
Field of study	Historical game design						
Date of commencement of studies	October 2025		Academic year of realisation of subject		2026/2027		
Education level	Bachelor's studies		Subject group		Optional subject group		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	2		Language of instruction		Polish		
Semester of study	4		ECTS credits		2.0		
Learning profile	academic		Assessment form		credit		
Conducting unit	Institute of History -> Faculty of History -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor						
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	30.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		2.0		30.0	62
Subject objectives	Familiarising students with the realities of everyday life of the inhabitants of Polish lands from the Middle Ages to the end of the 18th century (pre-industrial period). Understanding the social, economic and cultural conditions affecting the everyday functioning of different social strata. Developing the ability to analyse historical sources relating to everyday life, with particular emphasis on narrative, iconographic and archaeological sources. Developing a critical approach to myths and simplifications associated with ideas about everyday life in the past.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[PGHL3_W02] Has advanced chronologically and thematically organized knowledge of the history of ancient and modern Polish lands	Has advanced, chronologically and thematically organised knowledge of the social history and everyday culture of the former Polish lands from the Middle Ages to the end of the 18th century. Is familiar with the main phenomena, processes and changes affecting the everyday life of different social classes in a historical, regional and civilisational context.	[SW4] test/exam - oral or written [SW1] oral statement/conversation/discussion [SW2] presentation/project/paper/report
	[PGHL3_U01] Uses his/her knowledge, is able to formulate and solve complex and unusual problems in the field of history, including the proper selection of sources of information and evaluate this information, conduct a critical analysis and synthesize it	They are able to use their knowledge to formulate and solve complex and unusual research problems in the field of social history and material culture. In particular, they are able to select appropriate historical sources concerning the everyday life of various social groups, conduct a critical analysis of these sources, assess their informational value, and synthesise the data obtained, taking into account the context of the era.	[SU1] oral statement/conversation/discussion [SU2] presentation/project/paper/report [SU4] test/exam - oral or written
	[PGHL3_W07] Has advanced knowledge to analyze and interpret historical sources and understands their usefulness in the development of historical games	Has advanced knowledge of the realities of everyday life of various social groups from the Middle Ages to the end of the 18th century, is able to analyse and interpret diverse historical sources (written, iconographic, material) and understands their usefulness in designing and creating historical games, including building realistic worlds, characters and mechanics set in the realities of the pre-industrial era.	[SW1] oral statement/conversation/discussion [SW2] presentation/project/paper/report [SW3] text preparation/written work
	[PGHL3_K01] Critically evaluates his/her knowledge, demonstrates a willingness to constantly expand it and to consult experts when he/she has difficulty solving a problem on his/her own	Critically assesses their knowledge of everyday life in pre-industrial times in Poland, demonstrates a willingness to expand this knowledge by analysing a variety of historical sources and consulting specialist literature and expert opinions in cases where they encounter difficulties in interpreting socio-cultural phenomena.	[SK1] oral statement/conversation/discussion [SK2] presentation/project/paper/report [SK4] test/exam - oral or written

Subject contents	1. Introduction to the subject of everyday life Methodology of research on everyday life in history. Sources for research on everyday life: narrative, iconographic, material, legal, archaeological. Specific features of the pre-industrial era (Middle Ages 18th century). 2. Everyday life during wartime Everyday life during armed conflicts. Troop movements, requisitions, destruction. The functioning of rural and urban communities in conditions of threat. 3. How much did bread cost? Earnings and prices in old Poland The structure of expenditure and income of different social groups. Money and the natural economy. Prices of basic products and the relationship between prices and wages. 4. Clothing and interiors of Polish homes Clothing as an indicator of social status. Styles of the nobility, townspeople and peasants. Home furnishings and diversity of living space. 5. Education in the life of a young person Upbringing in peasant, bourgeois and noble families. Parish, municipal, Jesuit and academic schools. Education of girls and boys differences and limitations. 6. Intellectual horizons and mentality of the inhabitants The circulation of information, the role of the Church, preaching, printing. Folk beliefs and everyday religiosity. Traditional mentality: time, space, authority. 7. Domestic service and its place in the social structure Who was in service age, origin, tasks. Relations between servants and employers. Living conditions and prospects for advancement. 8. Public and private celebrations Religious and national holidays. Weddings, baptisms, funerals family ceremonies. Spectacles, parades, processions everyday celebrations. 9. Stimulants in old Poland Alcohol, tobacco, coffee, tea the path to everyday life. Drinking culture and social contexts. Perception of stimulants morality, prohibitions, practices. 10. Food and drink in the pre-industrial era Daily diet depending on status and region. Seasonality, fasting, hunger. Culinary practices and rituals related to food. 11. Entertainment and everyday recreation Games, fun, stories, taverns. Leisure time in cities and in the countryside. Music, dance, folk and court theatre. 12. Science and the life of the intellectual elite The role of universities and academies. The clergy, teachers and officials as bearers of culture. Intellectual contacts with foreign countries. 13. Travel and social mobility Roads, means of transport, regulations and dangers. Motivations for travel: religious, economic, educational. Mobility of women and men. 14. Health and illness in everyday life Understanding of health, causes of disease, folk and academic medicine. Treatment, care, epidemics. Cemeteries, hospitals, home health care.		
Prerequisites and co-requisites	Knowledge of the basics of chronology and the most important historical processes in Poland from the Middle Ages to the end of the 18th century (resulting from previous courses in Polish and/or general history). Ability to analyse basic historical sources and use concepts from the fields of social history, material culture and historical anthropology. Basic understanding of the social structure of the former society (peasants, townspeople, nobility, clergy) and knowledge of their functions and roles in everyday life. Ability to read and interpret academic texts and narrative sources (e.g. memoirs, inventories, court documents) at an academic level.		
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
		51.0%	80.0%
		0.0%	20.0%

Recommended reading	Basic literature	Baranowski Bohdan, <i>Everyday Life in the Countryside between the Warta and Pilica Rivers in the 19th Century</i>, Warsaw 1969. Baranowski Bohdan, <i>Everyday Life in a Small Town in the 17th and 18th Centuries</i>, Warsaw 1975. Bogucka Maria, <i>Everyday Life in Gdańsk in the 16th and 17th Centuries</i>, Warsaw 1967. Czapliński Władysław, Długosz Józef, <i>Everyday Life of the Polish Magnates in the 17th Century</i>, Warsaw 1976. Grażawski Kazimierz, <i>Everyday Life in the Towns of the Teutonic Order in Prussia</i>, Olsztyn 2024. Fabiani Bożena, <i>Everyday Life at the Royal Castle in the Vasa Era</i>, Warsaw 1996. Kizik Edmund, <i>Everyday Life in Gymnasium</i>, [in:] <i>Gdańsk Academic Gymnasium</i>, vol. 1: <i>Sketches from History</i>, ed. E. Kotarski, Gdańsk 2008, pp. 247274. Kuras Katarzyna, <i>Everyday Life at the Wettin Court</i>, Warsaw 2024. Łoziński Władysław, <i>Polish Life in Past Centuries</i>, Warsaw 2023. Małecki Marcin, <i>Everyday Life of the Army of the Polish-Lithuanian Commonwealth during the Moscow Campaigns of 15791582</i>, <i>Studia Elbląskie</i>, vol. 18, 2017, pp. 179205. Maćczak, Antoni, <i>Everyday Life in Travels across Europe in the 16th and 17th Centuries</i>, Warsaw 1978. Srogosz, Tadeusz, <i>Everyday Life of Soldiers of the Crown and Lithuanian Armies in the 17th Century</i>, Oświęcim 2018. Szarszewski Adam, <i>Everyday life at St. James' Hospital in Gdańsk in the 16th18th centuries</i>, [in:] <i>St. James' Hospital and Church. 600 years of the foundation of the shipmasters' guild in Gdańsk</i>, ed. A. Sroka, Toruń 2009, pp. 200240. Targowski Michał, <i>Everyday Life of the Nobility on the Borderland between Royal Prussia and the Crown in the 16th18th Centuries</i>, [in:] <i>Everyday Life in the Kuyavian-Pomeranian Region</i>, ed. W. Rozykowski and M. Strzelecka, Toruń 2011, pp. 7192. Zieliński Marek, <i>Everyday life in the towns of Chełmno and Kujawy in the 16th18th centuries</i>, [in:] <i>Everyday life in the Kuyavian-Pomeranian region</i>, ed. W. Rozykowski and M. Strzelecka, Toruń 2011, pp. 4770.
	Supplementary literature	Beck F., <i>Vom Volksleben auf der Danziger Nehrung</i> (On the Life of the People on the Gdańsk Spit). Based on archival sources from 15941814, Marburg 1962. Violét A.F., <i>Neringia oder Geschichte der Danziger Nehrung</i> (Neringia or History of the Gdańsk Spit), Gdańsk 1864. Wiślicz, T., <i>Upodobanie. Małżeństwo i związki nieformalne na wsi polskiej XVII XVIII wieku</i> (<i>Preference: Marriage and Informal Relationships in Rural Poland in the 17th and 18th Centuries</i>), Wrocław, 2012. Wyżga Mateusz, <i>Peasantry. History without a tie</i>, Krakow 2022.
	eResources addresses	
Example issues/ example questions/ tasks being completed	Discuss the differences in the diets of different social classes in old Poland. Present the role of domestic servants in the functioning of urban and noble households. Describe the everyday life of soldiers in the Crown Army in the pre-industrial era, with particular emphasis on living conditions, the organisation of service and relations with the civilian population. Discuss the importance of ceremonies (public and private) in social life.	
Work placement	Not applicable	

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