

Subject card

Subject name and code	Specialization pro-seminar, PG_00148851						
Field of study	Proseminarium specjalizacyjne (Proseminarium)						
Date of commencement of studies	October 2025		Academic year of realisation of subject		2026/2027		
Education level	Master's studies		Subject group		Obligatory subject group in the field of study Optional subject group Subject group related to scientific research in the field of study		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	2		Language of instruction		Polish		
Semester of study	3		ECTS credits		2.0		
Learning profile	academic		Assessment form		credit		
Conducting unit	Division of the Sociology of Everyday Life -> Institute of Sociology -> Faculty of Social Sciences -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr Elżbieta Kolańska				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	0.0	0.0	0.0	30.0	30
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		2.0		18.0	50
Subject objectives	The subject takes the form of a guide to the specializations of the MSU program, indicating their theoretical and practical dimensions. The aim of the course is to show the spectrum of possibilities for professional use of skills and knowledge acquired while studying sociology. During the classes, the student will have the opportunity to look at how sociology graduates function on the labor market, what professions they perform, how they develop the acquired competences, but also what difficulties they encounter and how they deal with them in conditions of acceleration (Rosa) and risk (Beck)						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[SOCMU2_U09] The graduate is able to prepare a written work in the field of sociology in Polish and foreign language, in accordance with the formal rules of a scientific text, making appropriate use of a selected theoretical perspective and research methods and drawing on the work of other disciplines in the field of social sciences	The graduate is able to prepare a written sociological work based on theoretical and methodological knowledge.	[SU1] wypowiedź ustna/rozmowa/ dyskusja [SU3] opracowanie tekstowe/ praca pisemna
	[SOCMU2_K05] The graduate is ready to participate in the preparation of social projects and is able to predict the intended and unintended social consequences of his/her actions	The graduate is ready to participate in sociological projects.	[SK1] wypowiedź ustna/rozmowa/ dyskusja [SK3] opracowanie tekstowe/ praca pisemna
	[SOCMU2_K03] The graduate is ready to appropriately determine priorities in the implementation of a specific task	The graduate is prepared to set priorities in the work of a sociologist.	[SK1] wypowiedź ustna/rozmowa/ dyskusja [SK3] opracowanie tekstowe/ praca pisemna
	[SOCMU2_U05] The graduate is able to apply legal, professional and ethical norms and rules when solving tasks in the field of sociology in various areas of social life	The graduate is able to apply legal professional, and ethical standards at work and in social life.	[SU1] wypowiedź ustna/rozmowa/ dyskusja [SU3] opracowanie tekstowe/ praca pisemna
	[SOCMU2_W10] The graduate has in-depth knowledge and understanding of the basic notions and principles concerning the protection of industrial property and copyright, as well as the necessity of managing intellectual property resources	Knows and understands the concept of the intellectual property in the work of a sociologist.	[SW1] wypowiedź ustna/rozmowa/ dyskusja [SW3] opracowanie tekstowe/ praca pisemna
	[SOCMU2_W06] The graduate has in-depth knowledge and understanding of quantitative and qualitative methods of sociological research, including observation, interview, document analysis and desk research, and how to develop and report research findings	The graduate has an in-depth understanding of how to conduct sociological research and write reports.	[SW1] wypowiedź ustna/rozmowa/ dyskusja [SW3] opracowanie tekstowe/ praca pisemna
	[SOCMU2_U01] The graduate is able to interpret social phenomena and relations between them using sociological concepts and sociological imagination	The graduate is able to use sociological concepts and imagination in various institutions.	[SU1] wypowiedź ustna/rozmowa/ dyskusja [SU3] opracowanie tekstowe/ praca pisemna
	[SOCMU2_W01] The graduate has advanced knowledge of social sciences their place in the system of sciences and relations to other sciences and common knowledge, he/she can determine specificity of sociology as a science in relation to its history, functions, subject matter and tasks, he/she can distinguish thematic areas of sociology common with other disciplines of social sciences and knows various theoretical and methodological approaches in sociology, he/she is prepared to undertake interdisciplinary cooperation in the field of social sciences and cooperation with various social institutions	The graduate has advanced knowledge of sociology in the system of social sciences, and is able to cooperate with various institutions.	[SW1] wypowiedź ustna/rozmowa/ dyskusja [SW3] opracowanie tekstowe/ praca pisemna

Subject contents	1. Working in the conditions of late modernity.		
	2. Profession: sociologist? Possibilities, limitations, challenges.		
	3. Assessment of one's own predispositions, competences and skills.		
	4. Special predispositions - "sweetspots"		
	5. Profession sociologist - meetings with sociology graduates, study visits.		
	6. Planning your own career path.		
Prerequisites and co-requisites	Advancement to the second year of study, knowledge of the most important theoretical and methodological currents in sociology.		
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	Written assignment	50.0%	60.0%
	Presence	90.0%	10.0%
	Activity	50.0%	30.0%
Recommended reading	Basic literature	Csikszentmihalyi M., Flow: The Psychology of Optimal Experience, Harper Collins Publ. USA	
		Cybal-Michalska A., Młodzież akademicka a kariera zawodowa, Wydawnictwo Impuls, Kraków 2013.	
		Rifkin Jeremy The End of Work: The Decline of the Global Labor Force and the Dawn of the Post-Market Era, Putnam Publishing Group, United States, 1995.	
	Supplementary literature	Armstrong, M., A Handbook of Human Resource Management Practice. 10th Edition, Kogan Page Publishing, London 2000	
		Jackson, D.; Tomlinson, M. Investigating the relationship between career planning, proactivity and employability perceptions among higher education students in uncertain labour market conditions. High. Educ. 2020, 80, 435455.	
	eResources addresses		
Example issues/ example questions/ tasks being completed	Profession sociologist		
	Career path		
Work placement	Not applicable		

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