

Subject card

Subject name and code	Modern instruments in social work, PG_00152073						
Field of study	Social Work						
Date of commencement of studies	October 2025		Academic year of realisation of subject		2027/2028		
Education level	Bachelor's studies		Subject group		Obligatory subject group in the field of study Optional subject group		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	3		Language of instruction		Polish		
Semester of study	6		ECTS credits		3.0		
Learning profile	practical		Assessment form		credit		
Conducting unit	Division of Social Pedagogy -> Institute of Education -> Faculty of Social Sciences -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr Małgorzata Szpunar				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	40.0	0.0	0.0	0.0	40
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	40		0.0		35.0	75
Subject objectives	Students learn about modern tools of social work in a direct close relationship with a social welfare client. They train the working methods of the solution-focused approach, motivational dialogue and coaching, which are aimed at achieving change in the client's life in a subjective way						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[PRACSOCL3_K06] Is ready to complete and improve knowledge, skills and competencies in professional social work practice	is able to supplement and improve the acquired knowledge and skills in the field of modern tools in social work	[SK2] presentation/project/paper/report
	[PRACSOCL3_W06] Knows the methods and tools of professional practice, including data acquisition techniques	knows the principles of diagnosing resources, knows what their areas are, knows measurement tools, knows what are the features of a well-set goal and techniques for motivating to change	[SW4] test/exam - oral or written
	[PRACSOCL3_U01] is able to correctly interpret social phenomena specific for social work (cultural, political, legal, economic)	is able to correctly interpret social phenomena (cultural, political, legal, economic) in order to use modern tools leading to change and indicates the desired effects of change	[SU2] presentation/project/paper/report
	[PRACSOCL3_U04] is able to forecast practical effects of selected social processes and phenomena (cultural, political, economic) using standardized methods and tools, specific for the fields of science and scientific disciplines, characteristic for social work	is able to forecast the practical effects of specific social processes and phenomena (cultural, political, economic) using standard methods and tools of solution-focused therapy, motivational dialogue and coaching	[SU2] presentation/project/paper/report
	[PRACSOCL3_W07] is ready to think and act in an entrepreneurial manner, correctly analyzes and interprets the basic issues of social assistance and integration and is ready to think and act in professional situations in a professional manner, using basic concepts specific to social work	has knowledge of methods and tools, including data acquisition techniques to diagnose customer resources and needs	[SK4] test/exam - oral or written
	[PRACSOCL3_W05] has an advanced knowledge and understanding of the areas of human social functioning, and in particular has knowledge of human activity in the formation of social structures and their practical functioning	has knowledge about the human being, related to the regularities of functioning in the field of social functioning, biological, social and cultural development	[SW4] test/exam - oral or written
	[PRACSOCL3_U02] Is able to use theoretical knowledge for professional practice within the framework of social work, especially to describe and practically analyze individual social processes and phenomena (cultural, political, legal, economic) specific to social work	is able to use basic theoretical knowledge in the field of human change and development description and practical analysis of individual social processes and phenomena (cultural, political, legal, economic) in the field of social assistance	[SU2] presentation/project/paper/report
	[PRACSOCL3_K03] is ready to appropriately set priorities for the implementation of the tasks assigned by himself or others, and to use the knowledge and skills acquired, as well as competencies, to carry out the tasks assigned by himself or assigned, and discuss them while respecting the views of the other side	can properly determine priorities for planned changes in the client's life, as well as within self-development – define goals and strive for them	[SK2] presentation/project/paper/report
	[PRACSOCL3_K04] Is ready to identify and resolve dilemmas related to the social work profession	correctly identifies and resolves dilemmas related to the performance of profession, especially when distinguishing between the client's goals and those of the social welfare institution	[SK2] presentation/project/paper/report

Subject contents	1. The relationship between the client and the family assistant as a relationship of professional action. Supporting as a category of social action.2. Main assumptions of the solution-focused approach. Symmetry of the client-assistant relationship.3. Constructing work goals for a change in the life of the assistant's family. Use of PSR methods and contract.4. Methods of solution-focused approach towards diagnosing family resources and motivating to change.5. Stages of conversation and work with the family in a contract with an assistant.6. Motivational dialogue in the context of systemic social work with the family.7. Motivational dialogue in family assistantship.8. Coaching as building goals and ways of change.9. GROW in coaching.		
Prerequisites and co-requisites	Communication skills, issues related to family, professional social action		
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
		51.0%	40.0%
		51.0%	60.0%
Recommended reading	Basic literature	Motivational dialogue in theory and practice. Motivating for change in social work and therapy, 2012, (eds) Jaraczewska J., Krasiejko I., Toruń. Jong P., Berg I. 2007, Conversations about Solutions, Kraków. The customer is an expert. The solution-focused approach and its application in Poland, 2007, (eds) Kienhuis J., Świtek T. Krasiejko I., 2011, Social work in the practice of a family assistant. An example of a solution-focused approach, Katowice. Krasiejko I., 2010. Methodology of assistant services. Katowice	
	Supplementary literature	Robertis C., Pascal H., 1999, Methodological Treatment in Social Work with Groups and Communities. Katowice, Sutton C., 2007, Psychology for social workers, Gdańsk. Szczepkowski J., 2010, Social work-a solution-focused approach	
	eResources addresses		
Example issues/ example questions/ tasks being completed	Principles of a well-defined goal. Resource Reinforcement. Motivational tools (asking about exceptions, Socratic questions, imagery, etc.)		
Work placement	Not applicable		

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