

Subject card

Subject name and code	Interpersonal communication, PG_00151062						
Field of study	Social Work						
Date of commencement of studies	October 2025		Academic year of realisation of subject		2025/2026		
Education level	Master's studies		Subject group		Obligatory subject group in the field of study		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	1		Language of instruction		Polish		
Semester of study	1		ECTS credits		2.0		
Learning profile	academic		Assessment form		credit		
Conducting unit	Division of the History of Science and Education -> Institute of Education -> Faculty of Social Sciences -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr Magdalena Gajewska				
	Teachers		dr Magdalena Gajewska				
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	30.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		0.0		20.0	50
Subject objectives	The primary goal of the class is to make students aware of the possibility of the presence of mediation as a tool for effective resolution of many conflicts that take place in the family and social space. The introduction of mediation as an effective tool for conflict resolution can contribute to the development of the overall communication competence of all units of the family system.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[PRACSOCMU2_K02] is willing to ready to organise the learning process of other people, working in a group; understands the value of cooperation of specialists in work for the benefit of an individual, family or local community; develop and deepen competences in the field of teamwork, is able to find himself/herself in various roles in teamwork; is ready to establish cooperation with specialists in the field of social assistance	S2A_U04, S2A_U05, S2A_U06, S2A_K02	[SK8] observation of student's independent or team work
	[PRACSOCMU2_U06] is able to use the acquired knowledge from social sciences and methodology to evaluate his/her activities as well as the changes taking place in the local environment; independently plan and implement his/her professional development, as well as direct others to change their activities	S2A_U04, S2A_U05, S2A_U06, S2A_K02	[SU1] oral statement/conversation/discussion
	[PRACSOCMU2_U05] is able to using normative systems and ethical rules, solve numerous ethical dilemmas that appear in the practice of social work when activities are undertaken in the work with the client, with colleagues, with institutional limitations, and also understand and use knowledge about the paradoxes of professional activity, make use of skills and support in supervisory activities, autobiographies	S2A_U04, S2A_U05, S2A_U06, S2A_K02	[SU2] presentation/project/paper/report
	[PRACSOCMU2_U04] is able to forecast and model complex processes in the field of social work, analyse and diagnose social phenomena in relation to individual and social dynamics, using advanced methods and tools in the fields of science and discipline of social work, social pedagogy	S2A_U04, S2A_U05, S2A_U06, S2A_K02	[SU6] demonstration of practical skills
Subject contents	The specifics of communication in the family - the importance of 'Face to Face' communication in the development of family ties (synergistic communication, building higher-order communication, the issue of carnality and sexuality in mutual relations, etc). Ways of effective negotiation in the family (e.g., in the context of fulfilled social roles, division of responsibilities, etc.). Recognizing 'one's own contribution' to the family, recognizing the needs of oneself, one's partner and other family members, the importance of feedback in mutual interaction, etc. Recognizing the various forms of exclusion practiced in the family. Resolving conflicts in the family and the developmental characteristics of conflict. Distinguishing conflict from manipulation and other aggressive, violent strategies used in the family (in the context of known violent strategies, e.g., Karpman's theory). Exclusionary practices in the family and how to deal with them through effective mutual communication (full expression of communication, 'I' messages, effective listening strategies, assertive enforcement of one's rights and expression of one's wishes, assertive refusal, converting evaluation into opinion, dealing with criticism and distinguishing its varieties, etc.).		
Prerequisites and co-requisites	Knowledge of interpersonal communication issues.		
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	Development of communication model matrix, presence, activity	51.0%	100.0%

Recommended reading	Basic literature	Cybulko A., <i>Komunikacja interpersonalna</i>, Warszawa 2018. Gracz L., Słupińska K. (red.), <i>Negocjacje i komunikacja: wybrane aspekty</i>, Kraków 2018. Kapuściński R., <i>Ten Inny</i>, Warszawa 2022. Łęcki K., Szostak A., <i>Komunikacja interpersonalna w pracy socjalnej</i>, Warszawa 1996. Schopenhauer A., <i>Erystyka czyli sztuka prowadzenia sporów</i>, Warszawa 2020. Stewart J. (red.), <i>Mosty zamiast murów: podręcznik komunikacji interpersonalnej</i>, Warszawa 2008.
	Supplementary literature	Morreale S.P., Spitzberg B.H., Barge J.K., <i>Komunikacja między ludźmi. Motywacja, wiedza i umiejętności</i>, Warszawa 2015. Goffman E., <i>Rytuał interakcyjny</i>, Wydawnictwo Naukowe PWN, Warszawa 2006. Karwat M., <i>O złośliwej dyskredytacji. Manipulowanie wizerunkiem przeciwnika</i>, Warszawa, 2006.
	eResources addresses	
Example issues/ example questions/ tasks being completed	Krytyczne opracowanie jednego z chwytów Arthura Schopenhauera.	
Work placement	Not applicable	

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