

Subject card

Subject name and code	The elements of social clinical and developmental psychology in social work, PG_00151070						
Field of study	Social Work						
Date of commencement of studies	October 2025		Academic year of realisation of subject		2025/2026		
Education level	Master's studies		Subject group		Obligatory subject group in the field of study		
Mode of study	full-time studies		Mode of delivery		e-learning		
Year of study	1		Language of instruction		Polish		
Semester of study	1		ECTS credits		2.0		
Learning profile	academic		Assessment form		credit		
Conducting unit							
Name and surname of lecturer (lecturers)	Subject supervisor		dr hab. Justyna Siemionow				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	30.0	0.0	0.0	0.0	0.0	30
	E-learning hours included: 30.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		0.0		20.0	50
Subject objectives	Preparing students to work with a specific type of client/ward, in the area of risk of social exclusion, social maladjustment, which may reveal various types of mental disorders, including: personality disorders, anxiety disorders, mental illnesses, addictions, content and thought disorders; showing students the possibility of appropriately establishing and building contact with the patient depending on the mental dysfunctions he or she reveals; equipping students with a knowledge package about the general regularities of human development.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[PRACSOCMU2_W04] knows and has in-depth understanding of psychological, sociological and pedagogical determinants of social bonds in the field of social work and the regularities between them	[S2A_W04] The student has in-depth knowledge in the field of clinical, social and developmental psychology about various types of social bonds, how to build contact with clients, planning social work taking into account specific psychological dysfunctions, and knows the regularities between them.	[SW5] implementation of a problem task
	[PRACSOCMU2_W01] knows and has in-depth understanding of: the nature of social work, its sources and place in the system of sciences and relations to other sciences, such as philosophy, sociology or psychology	[S2A_W01] The student has extended knowledge of the nature and specificity of social work, its sources and place in the system of social sciences and its connections with psychology: clinical, developmental, social	[SW5] implementation of a problem task
	[PRACSOCMU2_K06] is willing to within the framework of self-education and being critical, supplement his/her knowledge about people going beyond the scope of his/her discipline; is ready to expand the professional workshop, to seek continuous improvement;	[S2A_K06] The student is able to supplement self-education with a critical approach his knowledge about man, going beyond the scope of his discipline, he knows where look for information that complements the picture of the functioning of the patients under their care. He sees the value of expanding professional skills and continuous improvement	[SK1] oral statement/conversation/discussion
Subject contents	1. Regularities of modern human development, risk and protective factors from a bio-psycho-social perspective. 2. Developmental achievements of individual stages of human life. 3. Cognitive, emotional and social development - preparing the individual to adapt to the social environment. 4. Development of personality, sense of self-identity, source of self-esteem and a coherent self-image - understanding oneself and the world. 5. Personality disorders and anxiety disorders. 6. Depression - adolescent and adult, conditions, possibilities of support and help. 7. Mental illness what is it? should we be afraid of it? 8. Behavioral disorders, aggression, violence, addictions - as problems that hinder proper human functioning. 9. Crisis, breakdown of the patient's life line - social conditions. 10. Behaviorism and the cognitive approach in clinical psychology.		
Prerequisites and co-requisites			
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	oral statement	51.0%	100.0%

Recommended reading	Basic literature	ed. H. Sęk, 'Social clinical psychology', Warsaw, PWN, 1993.scientificed. H. Sęk, 'Clinical Psychology' volume 1.2, Warsaw, PWN, 2007. A. Brzezińska, 'Psychological portraits of man. Practical developmental psychology, Gdańsk, GWP, 2005.
	Supplementary literature	S. Mika, 'Social psychology for teachers', Warsaw, Wydawnictwo Akademickie Żak, 1998.E. Aronson, T.D. Wilson, R.M. Akert, 'Social psychology. Hearts and Mind', Poznań, Zysk-S-ka Publishing House, 2006.H.Bee, 'Psychology of human development', Poznań, Wydawnictwo Zysk-S-ka, 2004.ed. J. Strelau, D. Doliński, 'Psychology, academic textbook', volume 1,2, Gdańsk, GWP, 2008.I. Pospiszyl, "Social pathologies", PWN Scientific Publishing House, Warsaw, 2008.H. Kaszyński, O. Maciejewska, Social work with people with mental disorders. Recommendation for education in a new specialization, Zeszyty Pracy Społecznej, No. 21 of 4, 2016, pages: 161-176, doi: 10.4467/24496138ZPS.16.010.6533.
	eResources addresses	
Example issues/ example questions/ tasks being completed	Regularities of the development of modern man Developmental achievements of individual stages of human life. Cognitive, emotional and social development Development of personality and sense of self-identity, Sources of self-esteem and a coherent self-image Personality disorders and anxiety disorders. Depression Mental illness Behavioral disorders, aggression, violence, addictions Crisis, collapse of the lifeline	
Work placement	Not applicable	

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