

## Subject card

|                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                          |                                         |                                     |                                                                                                                                                |            |     |
|---------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|-----------------------------------------|-------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|------------|-----|
| Subject name and code                       | Quality of life in the context of sustainable development, PG_00176717                                                                                                                                                                                                                                                                                                                                                                     |                                                          |                                         |                                     |                                                                                                                                                |            |     |
| Field of study                              | Sociology                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                          |                                         |                                     |                                                                                                                                                |            |     |
| Date of commencement of studies             | October 2025                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                          | Academic year of realisation of subject |                                     | 2027/2028                                                                                                                                      |            |     |
| Education level                             | Bachelor's studies                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                          | Subject group                           |                                     | Obligatory subject group in the field of study<br>Optional subject group<br>Subject group related to scientific research in the field of study |            |     |
| Mode of study                               | full-time studies                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                          | Mode of delivery                        |                                     | at the university                                                                                                                              |            |     |
| Year of study                               | 3                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                          | Language of instruction                 |                                     | Polish                                                                                                                                         |            |     |
| Semester of study                           | 5                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                          | ECTS credits                            |                                     | 1.0                                                                                                                                            |            |     |
| Learning profile                            | academic                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                          | Assessment form                         |                                     | credit                                                                                                                                         |            |     |
| Conducting unit                             |                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                          |                                         |                                     |                                                                                                                                                |            |     |
| Name and surname of lecturer (lecturers)    | Subject supervisor                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                          | dr Piotr Pawliszak                      |                                     |                                                                                                                                                |            |     |
|                                             | Teachers                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                          |                                         |                                     |                                                                                                                                                |            |     |
| Lesson types                                | Lesson type                                                                                                                                                                                                                                                                                                                                                                                                                                | Lecture                                                  | Tutorial                                | Laboratory                          | Project                                                                                                                                        | Seminar    | SUM |
|                                             | Number of study hours                                                                                                                                                                                                                                                                                                                                                                                                                      | 0.0                                                      | 20.0                                    | 0.0                                 | 0.0                                                                                                                                            | 0.0        | 20  |
|                                             | E-learning hours included: 0.0                                                                                                                                                                                                                                                                                                                                                                                                             |                                                          |                                         |                                     |                                                                                                                                                |            |     |
| Learning activity and number of study hours | Learning activity                                                                                                                                                                                                                                                                                                                                                                                                                          | Participation in didactic classes included in study plan |                                         | Participation in consultation hours |                                                                                                                                                | Self-study | SUM |
|                                             | Number of study hours                                                                                                                                                                                                                                                                                                                                                                                                                      | 20                                                       |                                         | 0.0                                 |                                                                                                                                                | 5.0        | 25  |
| Subject objectives                          | The aim is to show the essence of quality of life, presenting theoretical and empirical aspects of quality of life in the context of context of sustainable development. Identification and analysis of the dimensions and factors shaping the quality of life in post-modern society. The student learns about subjective and objective definitions of quality of life and interdependencies with the concept of sustainable development. |                                                          |                                         |                                     |                                                                                                                                                |            |     |

| Learning outcomes               | Course outcome                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | Subject outcome                                                                                                                                                                                                                                                                           | Method of verification                                                                     |
|---------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|
|                                 | [SOCL3_W05] The graduate has advanced knowledge of man as a subject constituting social structures and the rules of their functioning, as well as acting in these structures and participating in cultural practices in the local, regional environment, the area of national culture and global exchange                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | She/He has a basic knowledge of man as a subject constituting social structures and the principles of their functioning, as well as acting in these structures and participating in cultural practices in the local environment, regional, area of culture national and global exchanges. | [SW1] oral statement/<br>conversation/discussion<br>[SW5] implementation of a problem task |
|                                 | [SOCL3_W04] The graduate knows and understands in an advanced way the types of informal and formal social bonds that arise in different types of groups, social networks and societies, and with the regularities governing their change.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | He/she knows the types of social ties of informal and formalized arising in different types of groups, networks social networks and societies and the regularities governing their change.                                                                                                | [SW1] oral statement/<br>conversation/discussion<br>[SW5] implementation of a problem task |
|                                 | [SOCL3_U07] The graduate is able to analyse proposed solutions to a specific problem in sociology and decide on appropriate solutions                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Analyzes the proposed solutions to a specific problem in the field of sociology and makes decisions on appropriate solutions.                                                                                                                                                             | [SU2] presentation/project/paper/<br>report                                                |
|                                 | [SOCL3_W07] The graduate has an advanced knowledge about the ethical and moral norms of social life as well as legal and organisational norms regulating social life, is familiar with the processes of their introduction and changes                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | Has knowledge of ethical and moral norms of social life of society and about the norms of legal and organizational regulating social life, Is oriented in the processes of their introduction and changes.                                                                                | [SW2] presentation/project/paper/<br>report                                                |
|                                 | [SOCL3_K03] The graduate is ready to appropriately determine priorities in the implementation of a specific task                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Can appropriately identify priorities when carrying out specific task                                                                                                                                                                                                                     | [SK2] presentation/project/paper/<br>report                                                |
|                                 | [SOCL3_U03] The graduate is able to analyse the causes and course of social processes and phenomena                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | Can analyze the causes and course of processes and phenomena social.                                                                                                                                                                                                                      | [SU2] presentation/project/paper/<br>report                                                |
| Subject contents                | 1. Quality as the main category of sustainable development2. quality of life subjective and intersubjective approach3 Outline of the concept of sustainable development4 Sociology and sustainable development. Scope and areas of interdisciplinary research.5. Ways of conducting research on sustainable development in multi -, inter - andtransdisciplinary6. education and the problems of eco-development7. social, economic and environmental dimensions of sustainable development expressed in quality of life8. green entrepreneurship as a link between the pillars of sustainable development9. social aspects of renewable energy production10. consumption and sustainable development11. social and spatial determinants of sustainable transport development12. sustainable urban development, i.e. a well-tuned city13. migration processes in the light of the assumptions of sustainable development14. quality of life of old people and sustainable development |                                                                                                                                                                                                                                                                                           |                                                                                            |
| Prerequisites and co-requisites | Knowledge of general sociology, micro and macro social structures and the sociology of social processes                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                           |                                                                                            |
| Assessment methods and criteria | Subject passing criteria                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Passing threshold                                                                                                                                                                                                                                                                         | Percentage of the final grade                                                              |
|                                 | Mastery of the content of the material implemented in the lectures and in the indicated literature.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 51.0%                                                                                                                                                                                                                                                                                     | 100.0%                                                                                     |

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|----------------------------------------------------------------|--------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Recommended reading                                            | Basic literature         | <p>SCHUESSLER K. F., FISHER G. A., 1985, Quality of Life Research and Sociology, in: Annual Review of Sociology, 11, 129-149.</p> <p>WHOQOL Group, 1995, The WHO Quality of Life Assessment: Position Paper of the WHO, in: Social Science and Medicine, 4(10), 1403-1409.</p> <p>TRZEBIATOWSKI J., 2011, Jakość życia w perspektywie nauk społecznych i medycznych systematyzacja ujęć definicyjnych, in: Hygeia Public Health, 46(1), 25-31.</p> <p>PETELEWICZ M., DRABOWICZ T., 2016, Jakość życia globalnie i lokalnie. Pomiar i wizualizacja, Uniwersytet Łódzki.</p> <p>RYDZEWSKI P., 2021, Sociology and Sustainable Development. The Most Important Areas of Interdisciplinary Research.</p> <p>PROBLEMY EKOROZWOJU PROBLEMS OF SUSTAINABLE DEVELOPMENT, 16(1), 123-131</p> |
|                                                                | Supplementary literature | <p>Zadrozniak M., 2015, Jakość życia w kontekście koncepcji zrównoważonego rozwoju, Acta Universitatis Lodzensis. Folia Oeconomica, vol. 2, t. 313, Środowisko przyrodnicze a rozwój   21-36</p> <p>Katana K., 2016, Istota jakości życia w koncepcji zrównoważonego rozwoju, Zeszyty Naukowe Politechniki Śląskiej, Seria: Organizacja i Zarządzanie, z. 95, 2016, s. 175 187.</p>                                                                                                                                                                                                                                                                                                                                                                                                 |
|                                                                | eResources addresses     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Example issues/<br>example questions/<br>tasks being completed |                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| Work placement                                                 | Not applicable           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |

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