

Subject card

Subject name and code	Humanities - The man, society, hygiene in historical development, PG_00053414						
Field of study	Chemistry						
Date of commencement of studies	October 2026		Academic year of realisation of subject		2026/2027		
Education level	Bachelor's studies		Subject group		Obligatory subject group in the field of study Humanistic-social subject group		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	1		Language of instruction		Polish		
Semester of study	1		ECTS credits		2.0		
Learning profile	academic		Assessment form		credit		
Conducting unit	Division of Modern History -> Institute of History -> Faculty of History -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr hab. Iwona Janicka				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	15.0	0.0	0.0	0.0	0.0	15
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	15		2.0		33.0	50
Subject objectives	Characteristics of the conditions of changes that have occurred in the human genotype from the moment of the appearance of man to modern times; indicating the relationship between man and the environment and their importance; determining the relationship between hygiene and human health; determining the changing living conditions of man throughout history; identification of the main epidemics occurring in the European community; identifying threats resulting from the degradation of the natural environment and identifying with it as part of it.						
Learning outcomes	Course outcome		Subject outcome		Method of verification		
	[CHEML3_K01] Identifies the level of her/his own knowledge and skills and the need for continuous learning and personal development.		The student understands the need for continuous education and the need to use the acquired knowledge to work for the natural environment.		[SK4] test/exam - oral or written		
	[CHEML3_K06] Raises her/his professional and personal competences by using information provided in various sources.		The student is able to use the knowledge acquired during the exam and uses the sources of knowledge indicated by the lecturer.		[SK4] test/exam - oral or written		

Subject contents	1. Organizational activities. Factors of development of homo sapiens. 2. Human adaptability. 3. Domestication of the environment. Human nutrition and its aspects. 4. Nutrition through the ages. 5. Food taboos. 6. Freganism. 7. Personal hygiene through the centuries. 8. A brief history of contraceptives. 9. The biological state of society over the centuries - the plague. 10. The biological state of society over the centuries - damn. 11. Epidemics of smallpox and syphilis in Europe and around the world. Vaccination history. 12. A short history of stimulants 13. Eugenics. 14. A short history of animal rights protection. 15. Threats to modern civilization.		
Prerequisites and co-requisites	Knowledge of the periodization of human history; ability to analyze and draw conclusions based on literature and statistical data; the ability to build a logical statement and argue one's position; sensitivity to problems related to environmental threats; the ability to perceive and explain the relationships between people, their health, hygiene and the environment.		
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	Written exam	51.0%	100.0%
Recommended reading	Basic literature I. Janicka, The Blue death from Asia. Cholera epidemics in the north-eastern provinces of the Russian Empire in the 19th century, Gdańsk 2021. S. Lilley, People, machines and history: an outline of the history of the development of machines and tools against the background of social changes, Warsaw 1958. J.M. Diamond, Shotguns, germs, machines: the fate of human societies, Warsaw 2000. K. Fijałkowski, Homo accidental sapiens, Warsaw 2008.		

	Supplementary literature	Great epidemics in the history of humanity, edited by K.F. Kiple, Poznań 2000. E.I. Rudolf, From the plague to Ebola. Method of presenting selected contagious diseases in sample texts of popular literature, Wrocław 2019. Ancient medicine and veterinary medicine. Patient, edited by M.Z. Felsmann, J. Szarek, M., Felsmann, Chelmo 2011. Encyclopedia of Pestilence, Pandemics, and Plagues, vol. 1, A-M, ed. J.P. Byrne, London 2008.
	eResources addresses	
Example issues/ example questions/ tasks being completed	1. A short history of anthropogenesis - from Australopithecus to Homo sapiens. 2. Domestication of plants and animals - the Neolithic revolution. 3. Food taboos in selected cultural circles (Muslims, Jews, Asians, French)). 4. The phenomenon of freeganism. 5. History of hygiene and contraceptives. 6. The most dangerous epidemics in history - plague, cholera, smallpox, syphilis. Their methods of treatment, vaccinations. 7. Selected stimulants and their history. 8. Ethical problems of eugenics, 9. History of animal rights protection. 10. Selected civilization threats - traffic accidents, natural elements.	
Work placement	Not applicable	

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