

## Subject card

|                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                          |                                                                                                                                                                                                                                                                                                |                                     |                                                                                                                           |            |     |
|---------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|---------------------------------------------------------------------------------------------------------------------------|------------|-----|
| Subject name and code                       | Interpersonal communication, PG_00052750                                                                                                                                                                                                                                                                                                                                                                                                          |                                                          |                                                                                                                                                                                                                                                                                                |                                     |                                                                                                                           |            |     |
| Field of study                              | Environmental Protection                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                          |                                                                                                                                                                                                                                                                                                |                                     |                                                                                                                           |            |     |
| Date of commencement of studies             | October 2026                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                          | Academic year of realisation of subject                                                                                                                                                                                                                                                        |                                     | 2027/2028                                                                                                                 |            |     |
| Education level                             | Master's studies                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                          | Subject group                                                                                                                                                                                                                                                                                  |                                     | Obligatory subject group in the field of study<br>Humanistic-social subject group                                         |            |     |
| Mode of study                               | full-time studies                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                          | Mode of delivery                                                                                                                                                                                                                                                                               |                                     | at the university                                                                                                         |            |     |
| Year of study                               | 2                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                          | Language of instruction                                                                                                                                                                                                                                                                        |                                     | Polish                                                                                                                    |            |     |
| Semester of study                           | 3                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                                                          | ECTS credits                                                                                                                                                                                                                                                                                   |                                     | 1.0                                                                                                                       |            |     |
| Learning profile                            | academic                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                          | Assessment form                                                                                                                                                                                                                                                                                |                                     | credit                                                                                                                    |            |     |
| Conducting unit                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                          |                                                                                                                                                                                                                                                                                                |                                     |                                                                                                                           |            |     |
| Name and surname of lecturer (lecturers)    | Subject supervisor                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                          | dr Grzegorz Kapuściński                                                                                                                                                                                                                                                                        |                                     |                                                                                                                           |            |     |
|                                             | Teachers                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                          |                                                                                                                                                                                                                                                                                                |                                     |                                                                                                                           |            |     |
| Lesson types                                | Lesson type                                                                                                                                                                                                                                                                                                                                                                                                                                       | Lecture                                                  | Tutorial                                                                                                                                                                                                                                                                                       | Laboratory                          | Project                                                                                                                   | Seminar    | SUM |
|                                             | Number of study hours                                                                                                                                                                                                                                                                                                                                                                                                                             | 15.0                                                     | 0.0                                                                                                                                                                                                                                                                                            | 0.0                                 | 0.0                                                                                                                       | 0.0        | 15  |
|                                             | E-learning hours included: 0.0                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                          |                                                                                                                                                                                                                                                                                                |                                     |                                                                                                                           |            |     |
| Learning activity and number of study hours | Learning activity                                                                                                                                                                                                                                                                                                                                                                                                                                 | Participation in didactic classes included in study plan |                                                                                                                                                                                                                                                                                                | Participation in consultation hours |                                                                                                                           | Self-study | SUM |
|                                             | Number of study hours                                                                                                                                                                                                                                                                                                                                                                                                                             | 15                                                       |                                                                                                                                                                                                                                                                                                | 2.0                                 |                                                                                                                           | 8.0        | 25  |
| Subject objectives                          | The aim of the lecture is to present the complexities, which include issues related to knowledge about interpersonal communication. Students will learn how to verify the ability to present in the right way how their own components and analyzes are noticed and overcome, which constitutes a communication barrier, as well as skillfully limiting their impact on interconnections.                                                         |                                                          |                                                                                                                                                                                                                                                                                                |                                     |                                                                                                                           |            |     |
| Learning outcomes                           | Course outcome                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                          | Subject outcome                                                                                                                                                                                                                                                                                |                                     | Method of verification                                                                                                    |            |     |
|                                             | [OŚMU2_W10] Applies the appropriate methodology to prepare and write scientific paper, taking into account empirical data as well as legal and ethical conditions.                                                                                                                                                                                                                                                                                |                                                          | Possesses communication skills necessary to collect and evaluate information in interpersonal communication in research and professional contexts.                                                                                                                                             |                                     | [SW4] test/exam - oral or written<br>[SW1] oral statement/ conversation/discussion<br>[SW3] text preparation/written work |            |     |
|                                             | [OŚMU2_K01] Behaves in a professional manner at all times; bears full responsibility for the actions taken relating to the protection of the environment and respects the principles of professional ethics and principles of intellectual honesty.                                                                                                                                                                                               |                                                          | Knows the principles and practical and ethical conditions of effective communication in the interpersonal context from the position of the sender and recipient, is aware of the responsibility of the sender and recipient for the course of effective and ethical communication interaction. |                                     | [SK1] oral statement/conversation/ discussion<br>[SK3] text preparation/written work<br>[SK4] test/exam - oral or written |            |     |
| Subject contents                            | <ul style="list-style-type: none"><li>• The concept, types and levels of communication, scope of interpersonal communication</li><li>• Principles of effective communication from the position of the sender and the recipient</li><li>• Barriers to communication.</li><li>• Gender, social and cultural differences in interpersonal communication.</li><li>• Non-violent communication</li><li>• Verbal and non-verbal communication</li></ul> |                                                          |                                                                                                                                                                                                                                                                                                |                                     |                                                                                                                           |            |     |
| Prerequisites and co-requisites             |                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                          |                                                                                                                                                                                                                                                                                                |                                     |                                                                                                                           |            |     |

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| Assessment methods and criteria                                | Subject passing criteria                                                                   | Passing threshold                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Percentage of the final grade |
|                                                                |                                                                                            | 51.0%                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 100.0%                        |
| Recommended reading                                            | Basic literature                                                                           | <ul style="list-style-type: none"><li>J. Stewart, Mosty zamiast murów. Podręcznik komunikacji interpersonalnej, Wydawnictwo Naukowe PWN, Warszawa 2012.</li><li>Alternatywne i wspomagające metody komunikacji, pod red. nauk. J. Błeszyńskiego, Kraków, Oficyna Wydawnicza Impuls, 2008.</li><li>L. Arch, Jak się sprzedać. Skuteczne techniki prezentacji, przekonywania i przekazu swoich idei, MT Biznes 2012.</li><li>M. Golka, Bariery w komunikowaniu i społeczeństwo (dez)informacyjne, Wydawnictwo Naukowe PWN, Warszawa 2008.</li><li>D. G. Leathers, Komunikacja niewerbalna, Wydawnictwo Naukowe PWN, Warszawa 2008</li></ul>                                                                                                                                                                                                                                                                                                                                                                                                 |                               |
|                                                                | Supplementary literature                                                                   | A. Anderson, Mowa ciała dla żółtodziobów, czyli wszystko, co powinieneś wiedzieć o, Rebis, Poznań 2005.<br>E. Aronson, Człowiek istota społeczna, Wydawnictwo Naukowe PWN, Warszawa 2002.<br>A. Batko, Sztuka perswazji czyli język manipulacji i wpływu, Gdynia 2005. C. Eisler-Moretz, Komunikacja niewerbalna. Mowa rąk, Wydawnictwo Astrum, Wrocław 1999.<br>M. Hartley, Mowa ciała w pracy, Wydawnictwo Jedność, Kielce 2004.<br>Ch. St-Hilaire, Dyskusja bez kłótni, Klub dla Ciebie, Warszawa 2005.<br>M. L. Knapp, J. A. Hall, Komunikacja niewerbalna w interakcjach międzyludzkich, Wydawnictwo Astrum, Wrocław 2000.<br>J. Navarro, T. S. Poynter, Mowa ciała w pracy, G+J Gruner + Jar Polska, Warszawa 2010.<br>G. Rebel, Naturalna mowa ciała w socjotechnicznych metodach osiągania celu, Wydawnictwo Arstum, Wrocław 1999.<br>W. Sikorski, Gesty zamiast słów: psychologia i trening komunikacji niewerbalnej, Oficyna Wydawnicza Impuls, Kraków 2005.<br>C. Turk, Sztuka przemawiania, Wydawnictwo Astrum, Wrocław 2003. |                               |
|                                                                |                                                                                            | eResources addresses                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                               |
| Example issues/<br>example questions/<br>tasks being completed | Types and types of communicationNonverbal communication systems.Non violence communication |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                               |
| Work placement                                                 | Not applicable                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                               |

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