

## Subject card

|                                             |                                                                                                                                                                                                                                                                                                                                                                                                    |                                                          |                                                                                                                                                                                               |                                     |                                                                                                                                                |            |     |
|---------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|------------|-----|
| Subject name and code                       | Art therapy, PG_00185273                                                                                                                                                                                                                                                                                                                                                                           |                                                          |                                                                                                                                                                                               |                                     |                                                                                                                                                |            |     |
| Field of study                              | Pedagogy                                                                                                                                                                                                                                                                                                                                                                                           |                                                          |                                                                                                                                                                                               |                                     |                                                                                                                                                |            |     |
| Date of commencement of studies             | October 2026                                                                                                                                                                                                                                                                                                                                                                                       |                                                          | Academic year of realisation of subject                                                                                                                                                       |                                     | 2028/2029                                                                                                                                      |            |     |
| Education level                             | Bachelor's studies                                                                                                                                                                                                                                                                                                                                                                                 |                                                          | Subject group                                                                                                                                                                                 |                                     | Obligatory subject group in the field of study<br>Optional subject group<br>Subject group related to scientific research in the field of study |            |     |
| Mode of study                               | full-time studies                                                                                                                                                                                                                                                                                                                                                                                  |                                                          | Mode of delivery                                                                                                                                                                              |                                     | at the university                                                                                                                              |            |     |
| Year of study                               | 3                                                                                                                                                                                                                                                                                                                                                                                                  |                                                          | Language of instruction                                                                                                                                                                       |                                     | Polish                                                                                                                                         |            |     |
| Semester of study                           | 6                                                                                                                                                                                                                                                                                                                                                                                                  |                                                          | ECTS credits                                                                                                                                                                                  |                                     | 1.0                                                                                                                                            |            |     |
| Learning profile                            | academic                                                                                                                                                                                                                                                                                                                                                                                           |                                                          | Assessment form                                                                                                                                                                               |                                     | credit                                                                                                                                         |            |     |
| Conducting unit                             | Division of Theory of Education and Pedagogy of Care -> Institute of Education -> Faculty of Social Sciences -> Rector                                                                                                                                                                                                                                                                             |                                                          |                                                                                                                                                                                               |                                     |                                                                                                                                                |            |     |
| Name and surname of lecturer (lecturers)    | Subject supervisor                                                                                                                                                                                                                                                                                                                                                                                 |                                                          | prof. dr hab. Lucyna Kopciewicz                                                                                                                                                               |                                     |                                                                                                                                                |            |     |
|                                             | Teachers                                                                                                                                                                                                                                                                                                                                                                                           |                                                          |                                                                                                                                                                                               |                                     |                                                                                                                                                |            |     |
| Lesson types                                | Lesson type                                                                                                                                                                                                                                                                                                                                                                                        | Lecture                                                  | Tutorial                                                                                                                                                                                      | Laboratory                          | Project                                                                                                                                        | Seminar    | SUM |
|                                             | Number of study hours                                                                                                                                                                                                                                                                                                                                                                              | 0.0                                                      | 20.0                                                                                                                                                                                          | 0.0                                 | 0.0                                                                                                                                            | 0.0        | 20  |
|                                             | E-learning hours included: 0.0                                                                                                                                                                                                                                                                                                                                                                     |                                                          |                                                                                                                                                                                               |                                     |                                                                                                                                                |            |     |
| Learning activity and number of study hours | Learning activity                                                                                                                                                                                                                                                                                                                                                                                  | Participation in didactic classes included in study plan |                                                                                                                                                                                               | Participation in consultation hours |                                                                                                                                                | Self-study | SUM |
|                                             | Number of study hours                                                                                                                                                                                                                                                                                                                                                                              | 20                                                       |                                                                                                                                                                                               | 0.0                                 |                                                                                                                                                | 5.0        | 25  |
| Subject objectives                          | To familiarise students with the theory and practice of art therapy.<br>To develop skills in the use of artistic means.<br>To shape a reflective attitude towards the creative process and its impact on personality development.<br>To acquire the competence to plan and conduct basic art therapy classes for different groups of recipients (children, adults, seniors).                       |                                                          |                                                                                                                                                                                               |                                     |                                                                                                                                                |            |     |
| Learning outcomes                           | Course outcome                                                                                                                                                                                                                                                                                                                                                                                     |                                                          | Subject outcome                                                                                                                                                                               |                                     | Method of verification                                                                                                                         |            |     |
|                                             | [PEDL3_U27] Graduates are able to design and conduct classes and evaluate them in accordance with the selected field of pedagogy                                                                                                                                                                                                                                                                   |                                                          | Graduates are able to design, conduct, and evaluate art therapy classes tailored to the needs of students/pupils.                                                                             |                                     | [SU5] implementation of a problem task                                                                                                         |            |     |
|                                             | [PEDL3_U06] Graduates are able to create educational and teaching situations that motivate students to learn, work on themselves and undertake activities conducive to development, and to modify educational, teaching and developmental activities in order to achieve the desired results in the areas of education, upbringing and stimulation of development                                  |                                                          | Graduates are able to create educational and teaching situations that use art to support the development of students/pupils and modify pedagogical activities to achieve the desired results. |                                     | [SU5] implementation of a problem task                                                                                                         |            |     |
| Subject contents                            | Definitions, history and development of art therapy, main trends and concepts.<br>Theoretical foundations: psychological and pedagogical aspects of the creative process, the role of symbols and expression in art therapy.<br>Art therapy methods and techniques.<br>The application of art therapy in education, rehabilitation, social work and prevention.<br>Ethical aspects of art therapy. |                                                          |                                                                                                                                                                                               |                                     |                                                                                                                                                |            |     |
| Prerequisites and co-requisites             |                                                                                                                                                                                                                                                                                                                                                                                                    |                                                          |                                                                                                                                                                                               |                                     |                                                                                                                                                |            |     |

| Assessment methods and criteria                                | Subject passing criteria | Passing threshold | Percentage of the final grade |
|----------------------------------------------------------------|--------------------------|-------------------|-------------------------------|
|                                                                |                          | 51.0%             | 100.0%                        |
| Recommended reading                                            | Basic literature         | nie dotyczy       |                               |
|                                                                | Supplementary literature | nie dotyczy       |                               |
|                                                                | eResources addresses     |                   |                               |
| Example issues/<br>example questions/<br>tasks being completed | nie dotyczy              |                   |                               |
| Work placement                                                 | Not applicable           |                   |                               |

Document generated electronically. Does not require a seal or signature.