

Subject card

Subject name and code	Outdoor education, PG_00185278						
Field of study	Pedagogy						
Date of commencement of studies	October 2026		Academic year of realisation of subject		2028/2029		
Education level	Bachelor's studies		Subject group		Optional subject group Subject group related to scientific research in the field of study		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	3		Language of instruction		Polish		
Semester of study	6		ECTS credits		1.0		
Learning profile	academic		Assessment form		credit		
Conducting unit	Division of Theory of Education and Pedagogy of Care -> Institute of Education -> Faculty of Social Sciences -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		prof. dr hab. Lucyna Kopciewicz				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	20.0	0.0	0.0	0.0	20
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	20		0.0		5.0	25
Subject objectives	Familiarising students with the theory and practice of outdoor education. Developing skills in planning and conducting classes in a natural environment. Understanding the importance of contact with nature for the physical, emotional and social development of students. Shaping an attitude of responsibility for the natural environment and the safety of participants in field classes.						
Learning outcomes	Course outcome		Subject outcome		Method of verification		
	[PEDL3_W15] Graduates have an advanced knowledge and understanding of teaching methods and the selection of effective teaching aids, including online resources, to support the teaching of a subject or conducting classes, taking into account the diverse educational needs of students		Graduates know and understand the need to foster a positive attitude towards learning in students, to develop their curiosity, activity and cognitive independence, logical and critical thinking, to motivate them to learn a given subject and to develop habits of systematic learning, to use various sources of knowledge, including the Internet, and preparing students for lifelong learning by stimulating them to work independently		[SW2] presentation/project/paper/report		
Subject contents	Concepts of outdoor education. History of the outdoor movement and adventure education (e.g. Kurt Hahn, Outward Bound) Experiential learning. The role of play, adventure and risk in education. Development of social and emotional competences in the natural environment. Methodology of outdoor activities: planning outdoor activities: objectives, content, methods, teaching aids. Field games, education through adventure, elements of survival and bushcraft. Health and safety rules and first aid in the field. Risk assessment in the field. Environmental awareness and pro-environmental attitudes. Leave No Trace, ethics of behaviour in nature.						
Prerequisites and co-requisites							

Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
		51.0%	100.0%
Recommended reading	Basic literature	nie dotyczy	
	Supplementary literature	nie dotyczy	
	eResources addresses		
Example issues/ example questions/ tasks being completed	nie dotyczy		
Work placement	Not applicable		

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