

## Subject card

|                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                          |                                         |                                     |                                                |            |     |
|---------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|-----------------------------------------|-------------------------------------|------------------------------------------------|------------|-----|
| Subject name and code                       | Social Gerontology, PG_00176643                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                          |                                         |                                     |                                                |            |     |
| Field of study                              | Sociology                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                          |                                         |                                     |                                                |            |     |
| Date of commencement of studies             | October 2026                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                          | Academic year of realisation of subject |                                     | 2027/2028                                      |            |     |
| Education level                             | Bachelor's studies                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                          | Subject group                           |                                     | Obligatory subject group in the field of study |            |     |
| Mode of study                               | full-time studies                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                          | Mode of delivery                        |                                     | at the university                              |            |     |
| Year of study                               | 2                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                          | Language of instruction                 |                                     | Polish                                         |            |     |
| Semester of study                           | 4                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                          | ECTS credits                            |                                     | 1.0                                            |            |     |
| Learning profile                            | academic                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                          | Assessment form                         |                                     | credit                                         |            |     |
| Conducting unit                             | Division of Sociology of Sport and Health -> Institute of Sociology -> Faculty of Social Sciences -> Rector                                                                                                                                                                                                                                                                                                                                      |                                                          |                                         |                                     |                                                |            |     |
| Name and surname of lecturer (lecturers)    | Subject supervisor                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                          | dr hab. Piotr Czekanowski               |                                     |                                                |            |     |
|                                             | Teachers                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                                          |                                         |                                     |                                                |            |     |
| Lesson types                                | Lesson type                                                                                                                                                                                                                                                                                                                                                                                                                                      | Lecture                                                  | Tutorial                                | Laboratory                          | Project                                        | Seminar    | SUM |
|                                             | Number of study hours                                                                                                                                                                                                                                                                                                                                                                                                                            | 0.0                                                      | 15.0                                    | 0.0                                 | 0.0                                            | 0.0        | 15  |
|                                             | E-learning hours included: 0.0                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                          |                                         |                                     |                                                |            |     |
| Learning activity and number of study hours | Learning activity                                                                                                                                                                                                                                                                                                                                                                                                                                | Participation in didactic classes included in study plan |                                         | Participation in consultation hours |                                                | Self-study | SUM |
|                                             | Number of study hours                                                                                                                                                                                                                                                                                                                                                                                                                            | 15                                                       |                                         | 0.0                                 |                                                | 10.0       | 25  |
| Subject objectives                          | The aim of the course is to familiarize students with the basics of knowledge in the field of interdisciplinary science, which is social gerontology due to the dynamically progressing process of population aging. Getting to know the curriculum content is to make it easier for students to understand issues related to the functioning of the elderly community itself, as well as issues related to this community in a broader context. |                                                          |                                         |                                     |                                                |            |     |

| Learning outcomes | Course outcome                                                                                                                                                                                                                                                                                                                                 | Subject outcome                                                                                                                                                                                                                                                                                                                                                                                                                         | Method of verification                  |
|-------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------|
|                   | [SOCL3_K04] The graduate is ready to supplement and refine the acquired knowledge and skills                                                                                                                                                                                                                                                   | [SOCL3_K06] They are ready to supplement and improve the acquired gerontological knowledge and related skills due to the awareness of the progressing ageing of societies at an increasingly rapid pace.                                                                                                                                                                                                                                | [SK2] presentation/project/paper/report |
|                   | [SOCL3_U06] The graduate is able to use the acquired sociological knowledge to resolve dilemmas arising in professional work                                                                                                                                                                                                                   | [SOCL3_U06] He/she is able to use the acquired sociological knowledge relating to people in the so-called third age to solve dilemmas that arise in professional work, in which we are increasingly dealing with the elderly.                                                                                                                                                                                                           | [SU2] presentation/project/paper/report |
|                   | [SOCL3_U01] The graduate is able to interpret social phenomena using sociological concepts and sociological imagination                                                                                                                                                                                                                        | [SOCL3_U01] Can interpret social phenomena that occur in the oldest generations using concepts from the field of general sociology, sociology of old age and sociological imagination.                                                                                                                                                                                                                                                  | [SU2] presentation/project/paper/report |
|                   | [SOCL3_W05] The graduate has advanced knowledge of man as a subject constituting social structures and the rules of their functioning, as well as acting in these structures and participating in cultural practices in the local, regional environment, the area of national culture and global exchange                                      | [SOCL3_W05] Thanks to the study of gerontology, he/she has advanced knowledge about the elderly person as an entity constituting social structures, the principles of their functioning, as well as acting in these structures and participating in cultural practices in the local, regional, national culture and global exchange area.                                                                                               | [SW2] presentation/project/paper/report |
|                   | [SOCL3_W08] The graduate knows and understands in an advanced way the character and directions of the most significant changes in the scope of social structures and institutions and their elements, he/she has knowledge about the causes, course and consequences of these changes on a micro- and macro-social scale and on a global scale | [SOCL3_W08] Knows and understands at an advanced level the nature and directions of the most important changes in the field of social structures and institutions and their elements, which currently result from the very intensive aging process of modern societies. He/she has knowledge of the causes, course and consequences of these changes on a micro and macro-social scale and on a global scale in this type of societies. | [SW2] presentation/project/paper/report |
|                   | [SOCL3_W04] The graduate knows and understands in an advanced way the types of informal and formal social bonds that arise in different types of groups, social networks and societies, and with the regularities governing their change.                                                                                                      | [SOCL3_W04] Knows and understands in an advanced way the types of informal and formalized social bonds arising in various types of groups, social networks and societies, especially in those that are often largely co-created by older people (taking into account intergenerational relations), as well as the regularities governing their change.                                                                                  | [SW2] presentation/project/paper/report |

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|----------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|
| Subject contents                                               | 1. A detailed discussion of the content of the syllabus.                                                                                                     |                                                                                                                                                                                                                                                                                                                                                        |                               |
|                                                                | 2. Stereotypical perception of old people in society.                                                                                                        |                                                                                                                                                                                                                                                                                                                                                        |                               |
|                                                                | 3. Needs and fears of the elderly. Types of needs and their hierarchy. Solitude and loneliness.                                                              |                                                                                                                                                                                                                                                                                                                                                        |                               |
|                                                                | 4. Active and passive old age. Free time. Activation of the elderly.                                                                                         |                                                                                                                                                                                                                                                                                                                                                        |                               |
|                                                                | 5. Impaired old age: senile dementia of the Alzheimer's type - causes, course, possibilities of support for the patient and his family (social environment). |                                                                                                                                                                                                                                                                                                                                                        |                               |
|                                                                | 6. Social policy towards the elderly and living conditions of the elderly in Poland.                                                                         |                                                                                                                                                                                                                                                                                                                                                        |                               |
|                                                                | 7. Institutional assistance. Adaptation to life in stationary nursing homes for the elderly and conflicts occurring in them.                                 |                                                                                                                                                                                                                                                                                                                                                        |                               |
| Prerequisites and co-requisites                                | Entrance requirements: completed third semester of study.                                                                                                    |                                                                                                                                                                                                                                                                                                                                                        |                               |
|                                                                | Additional requirements: basic knowledge of human communities and social bonds.                                                                              |                                                                                                                                                                                                                                                                                                                                                        |                               |
| Assessment methods and criteria                                | Subject passing criteria                                                                                                                                     | Passing threshold                                                                                                                                                                                                                                                                                                                                      | Percentage of the final grade |
|                                                                | Presentation/project                                                                                                                                         | 51.0%                                                                                                                                                                                                                                                                                                                                                  | 100.0%                        |
| Recommended reading                                            | Basic literature                                                                                                                                             | Literature self-selected by students to prepare a presentation/project.                                                                                                                                                                                                                                                                                |                               |
|                                                                | Supplementary literature                                                                                                                                     | Błędowski P., Grodzicki T., Mossakowska M., Zdrojewski T. (red. nauk.) [Eds.], PolSenior 2. Badanie poszczególnych obszarów stanu zdrowia osób starszych, w tym jakości życia związanej ze zdrowiem [Study of individual areas of health status of the elderly, including health-related quality of life], Gdański Uniwersytet Medyczny, Gdańsk, 2021. |                               |
|                                                                |                                                                                                                                                              | Czekanowski P., Społeczne aspekty starzenia się ludności w Polsce. Perspektywa socjologii starości [Social aspects of population ageing in Poland. The perspective of the sociology of old age], Wydawnictwo UG, Gdańsk.                                                                                                                               |                               |
|                                                                |                                                                                                                                                              | Szatur-Jaworska B, Błędowski P., Dziegielewska M., 2006, Podstawy gerontologii społecznej [Fundamentals of social gerontology], ASPRA-JR, Warszawa, 2012.                                                                                                                                                                                              |                               |
|                                                                |                                                                                                                                                              | Woźniak Z., Starość. Bilans zadanie wyzwanie [Old age. Balance task challenge], Wyd. Nauk. WNS, UAM, Poznań, 2016.                                                                                                                                                                                                                                     |                               |
|                                                                |                                                                                                                                                              | Zych A. A. (red. nauk.) [Ed.], Encyklopedia starości, starzenia się i niepełnosprawności [Encyclopedia of Old Age, Ageing and Disability], tomy 1-5, Thesaurus Silesiae, Katowice, 2017.                                                                                                                                                               |                               |
|                                                                | eResources addresses                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                        |                               |
| Example issues/<br>example questions/<br>tasks being completed |                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                        |                               |
| Work placement                                                 | Not applicable                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                        |                               |

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