

Subject card

Subject name and code	Childhood-youth-adulthood. Life course research in a sociological perspective., PG_00176714						
Field of study	Sociology						
Date of commencement of studies	October 2026		Academic year of realisation of subject		2028/2029		
Education level	Bachelor's studies		Subject group		Obligatory subject group in the field of study Optional subject group Subject group related to scientific research in the field of study		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	3		Language of instruction		Polish		
Semester of study	5		ECTS credits		1.0		
Learning profile	academic		Assessment form		credit		
Conducting unit							
Name and surname of lecturer (lecturers)	Subject supervisor		dr hab. Magdalena Żadkowska				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	15.0	0.0	0.0	0.0	0.0	15
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	15		0.0		10.0	25
Subject objectives	To understand the changes associated with the process of entering adulthood in the context of starting a family, entering the job market and moving out of the family home. To gain the ability to study and interpret reality in this regard.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[SOCL3_K03] The graduate is ready to participate in the preparation of social projects taking into account relevant legal, economic and political aspects	He is willing to participate in the preparation of social projects taking into account relevant legal, economic and political aspects.	[SK4] test/exam - oral or written
	[SOCL3_K02] The graduate is ready to recognise and accurately resolve dilemmas related to his/her profession	He is ready to accurately recognize and resolve dilemmas related to the profession.	[SK4] test/exam - oral or written
	[SOCL3_U04] The graduate is able to forecast social processes and phenomena on the basis of sociological knowledge using sociological research methods	She/He is able to forecast the social processes and phenomena of childhood and adolescence on the basis of sociological knowledge using methods of sociological research.	[SU4] test/exam - oral or written
	[SOCL3_U01] The graduate is able to interpret social phenomena using sociological concepts and sociological imagination	Can interpret social phenomena related to childhood and adulthood using concepts of sociology and sociological imagination.	[SU4] test/exam - oral or written
	[SOCL3_W04] The graduate knows and understands in an advanced way the types of informal and formal social bonds that arise in different types of groups, social networks and societies, and with the regularities governing their change.	She/He knows and understands in an advanced way the types of social ties of an informal and formalized character connected with belonging to a given generation.	[SW4] test/exam - oral or written
	[SOCL3_W09] The graduate knows and understands various views on social life and selected social structures and institutions expressed in the everyday world, public and scientific discourse, and is familiar with their historical evolution	The student is familiar with various views on social life and selected social structures and institutions on issues related to childhood and entry into adulthood, and is aware of their historical evolution.	[SW4] test/exam - oral or written
Subject contents	Socialization into social roles.Fragmentation of the stage of entering adulthood.Formation of intimate relationships.Becoming independent and moving out of home.Post-pandemic problems of children and adolescents.Political and civic involvement of youth.Ethical challenges of childhood and early adulthood research.		
Prerequisites and co-requisites	passed second year of undergraduate studies		
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	own work with presentation	51.0%	100.0%

Recommended reading	Basic literature	Krzaklewska Ewa. (2011). Wzory wchodzenia w dorosłość z perspektywy genderowej. W: K. Slany, B. Kowalska, & M. Slusarczyk (Eds.), <i>Kalejdoskop genderowy: w drodze do poznania płci społeczno-kulturowej w Polsce</i> (pp. 235-254). Wydawnictwo Uniwersytetu Jagiellońskiego. Pustułka, P., Sarnowska, J., & Buler, M. (2022). Resources and pace of leaving home among young adults in Poland. <i>Journal of Youth Studies</i>, 25(7), 946-962. https://doi.org/10.1080/13676261.2021.1925638 Szafraniec Krystyna. (2012). Młodość jako wyłaniający się problem i nowa polityczna siła, <i>Nauka</i> 1: 101-122. Winogrodzka, D., & Sarnowska, J. (2019). Tranzycyjny efekt jojo w sekwencjach społecznych młodych migrantów. <i>Przegląd Socjologii Jakościowej</i>, 15(4), 130-153. https://doi.org/10.18778/1733-8069.15.4.07151 Zadkowska M., & Herzberg-Kurasz, M. (2022). Boomeranging covidowy o powrotach dorosłych dzieci do domów. <i>Perspektywa rodziców. Przegląd Socjologii Jakościowej</i>, 18(1), 40-61. https://doi.org/10.18778/1733-8069.18.1.03
	Supplementary literature	Arnett, J. J. (2007). Emerging Adulthood: What Is It, and What Is It Good For? <i>Society for Research Child Development</i>, 1(2), 68-73 Bouchard, G. (2014). How Do Parents React When Their Children Leave Home? An Integrative Review. <i>Journal of Adult Development</i>, 21(2), 69-79. https://doi.org/10.1007/s10804-013-9180-8 Galland, O. (1997). Leaving Home and Family Relations in France. <i>Journal of Family Issues</i>, 18(6), 645-670. https://doi.org/10.1177/019251397018006005 Grotowska-Leder Jolanta, Rek-Wozniak Magdalena, Kudlinska Iwona, Polityka Przebiegu życia teoretyczne i metodologiczne ramy badań nad procesem osiągania dorosłości, <i>Przegląd Socjologiczny</i> 65 (2), 83-104 Van de Velde, C. (2008). Devenir Adulte: Sociologie comparee de la jeunesse en Europe. PUF
	eResources addresses	
Example issues/ example questions/ tasks being completed	Why don't young people move out of the family home?Boomeranging and its consequences.Youth in different countries of the European Union.	
Work placement	Not applicable	

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