

Subject card

Subject name and code	Interpersonal Skills Workshops, PG_00178891						
Field of study	Management						
Date of commencement of studies	October 2026	Academic year of realisation of subject			2027/2028		
Education level	Master's studies	Subject group			Obligatory subject group in the field of study Optional subject group Subject group related to scientific research in the field of study		
Mode of study	part-time studies	Mode of delivery			at the university		
Year of study	2	Language of instruction			Polish		
Semester of study	4	ECTS credits			5.0		
Learning profile	academic	Assessment form			credit		
Conducting unit	Department of Organisational Behaviour -> Faculty of Management -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr Sylwia Białas				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	40.0	0.0	0.0	0.0	40
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	40		2.0		83.0	125
Subject objectives	Development of key interpersonal competencies essential for the work of an HR specialist and manager.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[ZARZMU2_U09] The student can independently plan and implement the learning process, improve professional skills in lifelong management, and guide others in this area.	The student assesses the level of their own interpersonal competencies and, on this basis, is able to develop a plan for their improvement.	[SU2] presentation/project/paper/report
	[ZARZMU2_U10] The student can communicate information, express opinions, and engage in debates with diverse audiences using management and quality science terminology across various media.	The student uses various forms of traditional and electronic communication to achieve the intended communication goals. The student is able to choose forms of communication appropriate to the intended goals and the characteristics of the audience	[SU2] presentation/project/paper/report
	[ZARZMU2_K01] The student is prepared to gain and enhance the knowledge required to solve both cognitive and practical problems, particularly in the areas of management and quality sciences. Additionally, the student is capable of critically evaluating the knowledge and content received and will seek guidance from experts if they encounter difficulties in resolving a problem independently.	The student is ready for self-reflection on their own interpersonal competencies and for their development, taking into account the requirements of the modern work environment.	[SK2] presentation/project/paper/report
	[ZARZMU2_W04] The student possesses a deep understanding of human behavior, including individual, group, and organizational dynamics within an organization.	The student recognizes the importance of specific interpersonal competencies for the success of different areas within an organization. The student understands what constitutes the use of individual interpersonal competencies.	[SW2] presentation/project/paper/report
[ZARZMU2_U11] The student can collaborate effectively in teams and assume leadership roles.	The student collaborates in teams, taking on different team roles appropriate to the team's purpose, tasks, and the phase of the team's life cycle.	[SU2] presentation/project/paper/report	
Subject contents	<ol style="list-style-type: none"> 1. Introduction to Interpersonal Competencies 2. Assertiveness and Expressing Opinions (<i>assertive communication assertiveness techniques, assertiveness in a team</i>) 3. Empathy and Active Listening / Emotional Intelligence 4. Communication in Conflict (<i>mediation and dispute resolution in a team</i>) 5. Feedback and Difficult Conversations 6. Presentation and Public Speaking 7. Cultural Differences and Diversity in Communication / Inclusive Communication 8. Communication in the Digital Environment 9. Interpersonal Competencies in HR Practice 		
Prerequisites and co-requisites	Knowledge in the field of human capital management		
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	Project	51.0%	100.0%
Recommended reading	Basic literature	<p>Rosenberg, M. (2025), <i>Nonviolent Communication: A Language of Life</i>. Czarna Owca. Goleman, D. (2014), <i>Emotional Intelligence</i>. Media Rodzina. Belbin, M. (2010), <i>Management Teams</i>. Oficyna Ekonomiczna.</p>	
	Supplementary literature	<p>Meyer, E., <i>The Culture Map: Breaking Through the Invisible Boundaries of Global Business</i>. MT Biznes, 2020 A. Rzędowska, J. Rzędowski, <i>The Perfect Speaker: Public Speaking in Practice</i> (2nd Edition). Gliwice: Helion Publishing, 2018 M. Stączek, <i>Public Presentation: Speak Clearly, Originally, Persuasively!</i> (5th Edition). Warsaw: EdisonTeam.pl, 2016</p>	
	eResources addresses		

Example issues/ example questions/ tasks being completed	
Work placement	Not applicable

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