

Subject card

Subject name and code	Outline of the history of sport - lecture, PG_00189727						
Field of study	Law in Sport						
Date of commencement of studies	October 2026	Academic year of realisation of subject			2026/2027		
Education level	Bachelor's studies	Subject group			Obligatory subject group in the field of study		
Mode of study	full-time studies	Mode of delivery			at the university		
Year of study	1	Language of instruction			Polish		
Semester of study	1	ECTS credits			3.0		
Learning profile	academic	Assessment form			credit		
Conducting unit	Department of History of Law -> Faculty of Law and Administration -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr Dawid Michalski				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	30.0	0.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		2.0		43.0	75
Subject objectives	The aim of the course is to present, from a historical perspective, the main stages of the development of sports regulations and the conditions for key dilemmas related to the functioning of sports law, in particular the relationship between public and private law, between state regulations and the internal regulations of sports organizations, and between sports values and market requirements.						
Learning outcomes	Course outcome		Subject outcome		Method of verification		
	[PSPORTL3_W04] Knows and understands the key dilemmas related to the functioning of sports law, in particular with regard to the relationship between public and private law, between state regulations and internal regulations of sports organisations, and between sporting values and market requirements.		knows and understands, from a historical perspective, the main stages in the development of regulations concerning sport and the background of key dilemmas related to the functioning of sports law, in particular the relations between public and private law, between state regulation and internal regulations of sports organisations, and between sporting values and market demands.		[SW4] test/exam - oral or written		

Subject contents	<ol style="list-style-type: none"> 1. History of sport as an academic discipline definitions of sport, physical culture and physical education; the place of the history of sport within the system of sciences; basic sources and methods of research in the history of sport. 2. The earliest forms of physical activity functions of movement in early societies and the oldest civilisations (Egypt, Mesopotamia, China, India); the relationship between physical exercise and religion, war, work and custom. 3. The Greco-Roman world ideals of the body and competition in Greek culture; main forms of rivalry (games, agones); Roman spectacles and their social significance. 4. Medieval and early modern Europe knightly tournaments, hunting, folk games as proto-sport; urban guilds and brotherhoods and their functions; changes in attitudes towards the body in humanism and the Enlightenment. 5. The birth of modern sport the impact of the Industrial Revolution and urbanisation on the culture of leisure; school and military systems of physical education in the nineteenth century; codification of games, the emergence of clubs and sports associations; the formation and differentiation of modern sports disciplines. 6. The international sports movement and the Games the origins of the modern Olympic Games; Pierre de Coubertin and the idea of the modern Olympics; the development of the Summer and Winter Games; the beginnings of womens sport and sport for persons with disabilities in the international dimension. 7. Sport, the state and ideologies in the twentieth century sport as a tool for building national identity; sport in authoritarian and totalitarian systems; sporting rivalry during the Cold War; the beginnings of modern sports legislation at national and international level. 8. Mediatisation, commercialisation and globalisation of sport the development of sports media (radio, television, internet); sponsorship, broadcasting rights and professionalisation; global leagues and mega-events; the development and globalisation of selected sports disciplines (football, basketball, motor sports, etc.). 9. Physical culture and sport in the Polish lands until 1918 the gymnastics movement and sports associations under the partitions; the first clubs and competitions; attempts to create nationwide sports structures; the first normative regulations concerning the organisation of sports competitions. 10. Sport in Poland in the twentieth century institutionalisation of sport in the Second Polish Republic; Polands participation in the Olympic movement; the model of sport in the Polish Peoples Republic, mass and elite sport; the most important successes and problems; the formation of Polish sports legislation and the normative foundations for the organisation of sports competitions. 11. Sport in Poland after 1989 systemic transformations and the sports system; the role of local government and the private sector; the organisation of major sports events; the development of womens sport, sport for children and youth, and sport for persons with disabilities; the transformation of sports legislation after 1989 and the development of regulations concerning safety and standards of sports competitions. 12. Contemporary challenges and directions of research in the history of sport sport and gender, race, class and disability; ethical problems of sport (doping, corruption, violence); sport in the context of human rights and the debate on the right to sport; the evolution of international and national legal norms regulating the organisation and conduct of sports competitions (rules of sports federations, safety standards, competition regulations). 								
Prerequisites and co-requisites									
Assessment methods and criteria	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 33%;">Subject passing criteria</th> <th style="width: 33%;">Passing threshold</th> <th style="width: 33%;">Percentage of the final grade</th> </tr> </thead> <tbody> <tr> <td>Test</td> <td>51.0%</td> <td>100.0%</td> </tr> </tbody> </table>			Subject passing criteria	Passing threshold	Percentage of the final grade	Test	51.0%	100.0%
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Recommended reading	<p>Basic literature</p> <p>Supplementary literature</p> <p>eResources addresses</p>	<p>W. Lipoński, <i>Historia sportu. Na tle rozwoju kultury fizycznej</i>, Wydawnictwo Naukowe PWN, Warszawa 2012</p> <p>J. Gaj, K. Hądzelek, <i>Dzieje kultury fizycznej w Polsce</i>, Akademia Wychowania Fizycznego w Poznaniu, Poznań 1997</p> <p>A. Guttmann, <i>From Ritual to Record. The Nature of Modern Sports</i>, Columbia University Press, New York 1978 (kolejne wydania).</p> <p>M.G. Phillips, D. Booth, C. Adams (red.), <i>Routledge Handbook of Sport History</i>, Routledge, LondonNew York 2022.</p> <p>J. Gaj, K. Hądzelek, <i>Dzieje kultury fizycznej w Polsce w XIX i XX wieku</i>, Akademia Wychowania Fizycznego w Poznaniu, Poznań 1991.</p>							
Example issues/ example questions/ tasks being completed									
Work placement	Not applicable								