

**Subject card**

<b>Subject name and code</b>	History of Psychological Thought, PG_00149113						
<b>Field of study</b>	Psychology						
<b>Date of commencement of studies</b>	October 2026	<b>Academic year of realisation of subject</b>			2026/2027		
<b>Education level</b>	uniform Master's studies	<b>Subject group</b>			Obligatory subject group in the field of study Humanistic-social subject group		
<b>Mode of study</b>	part-time studies	<b>Mode of delivery</b>			at the university		
<b>Year of study</b>	1	<b>Language of instruction</b>			Polish		
<b>Semester of study</b>	1	<b>ECTS credits</b>			3.0		
<b>Learning profile</b>	academic	<b>Assessment form</b>			credit		
<b>Conducting unit</b>	Division of Research on Family and Quality of Life -> Institute of Psychology -> Faculty of Social Sciences -> Rector						
<b>Name and surname of lecturer (lecturers)</b>	<b>Subject supervisor</b>		dr hab. Katarzyna Skrzypińska				
	<b>Teachers</b>						
<b>Lesson types</b>	<b>Lesson type</b>	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	<b>Number of study hours</b>	18.0	0.0	0.0	0.0	0.0	18
	E-learning hours included: 0.0						
<b>Learning activity and number of study hours</b>	<b>Learning activity</b>	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	<b>Number of study hours</b>	18		10.0		47.0	75
<b>Subject objectives</b>	To familiarize students with the development of psychological thought throughout history, including the origins of basic schools and trends, and above all those that build modern psychology. Sensitivity to the cause-and-effect relationship of discoveries and approaches in psychology. Presentation of the importance of comparative studies and critical assessment of individual psychological trends. Teaching the ability to build and specify one's own view on psychological trends. Arousing cognitive curiosity about the future of psychological discoveries.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	<p>[PSYCHJ5_W05] Has a structured and in-depth knowledge of the specialization of psychology, including terminology, theory, and methodology.</p> <p>[PSYCHJ5_K02] He/she is ready to take on professional and personal challenges; he/she is active, takes the trouble and is persistent in undertaking individual and team professional activities in the field of psychology; he/she is committed to cooperation.</p> <p>[PSYCHJ5_U02] He/she is able to use and integrate theoretical knowledge in the field of psychology and related disciplines in order to analyze complex psychological, educational, aid or therapeutic problems, as well as to diagnose and design practical activities.</p> <p>[PSYCHJ5_U05] He/she has in-depth skills to present his/her own ideas, doubts, and suggestions, to support them with extensive argumentation in the context of selected theoretical perspectives, views of various authors, while being guided by ethical principles.</p> <p>[PSYCHJ5_W03] He/she has an in-depth and structured knowledge of contemporary trends in the development of psychology, its currents, and systems, understands their historical and cultural conditions.</p> <p>[PSYCHJ5_U08] He/she is able to efficiently use selected theoretical approaches to analyze the undertaken practical activities.</p> <p>[PSYCHJ5_W01] He/she knows the terminology used in psychology and its application in related disciplines at the advanced level.</p> <p>[PSYCHJ5_W11] He/she has organized knowledge of ethical principles and norms and professional ethics; he/she knows the legal, organizational, and ethical conditions of the performed professional activity.</p> <p>[PSYCHJ5_K01] He/she has deeper awareness of the level of his/her knowledge and skills, he/she understands the need for continuous personal and professional development.</p> <p>[PSYCHJ5_W02] He/she has an in-depth and expanded knowledge of the sources and the place of psychology in the system of sciences and its subject and methodological connections with other disciplines.</p>	<p>Has structured and in-depth knowledge of the specialization of psychology, including terminology, theory and methodology</p> <p>Is ready to take on professional and personal challenges; demonstrates activity, makes effort and is persistent in undertaking individual and team professional activities in the field of psychology; engages in cooperation</p> <p>Is able to use and integrate theoretical knowledge in the field of psychology and related disciplines in order to analyze complex psychological, educational, assistance and therapeutic problems, as well as to diagnose and design practical activities</p> <p>Has in-depth skills in presenting own ideas, doubts and suggestions, supporting them with extensive argumentation in the context of selected theoretical perspectives, views of various authors, guided by ethical principles</p> <p>Has in-depth and structured knowledge of contemporary trends in the development of psychology, its trends and systems, understands their historical and cultural conditions</p> <p>Is able to efficiently use selected theoretical approaches to analyze practical activities undertaken</p> <p>Knows the terminology used in psychology and its application in related disciplines at an advanced level</p> <p>Has structured knowledge of ethical principles and standards as well as professional ethics; knows the legal, organizational and ethical conditions of professional activity</p> <p>Has an in-depth awareness of the level of his knowledge and skills and understands the need for continuous personal and professional development</p> <p>Has in-depth and extended knowledge of the sources and place of psychology in the system of sciences and its subject and methodological connections with other scientific disciplines.</p>	<p>[SW4] test/exam - oral or written</p> <p>[SK1] oral statement/conversation/discussion</p> <p>[SU1] oral statement/conversation/discussion</p> <p>[SU1] oral statement/conversation/discussion</p> <p>[SW4] test/exam - oral or written</p> <p>[SU4] test/exam - oral or written</p> <p>[SW4] test/exam - oral or written [SW1] oral statement/conversation/discussion</p> <p>[SW1] oral statement/conversation/discussion</p> <p>[SK1] oral statement/conversation/discussion [SK4] test/exam - oral or written</p> <p>[SW4] test/exam - oral or written [SW1] oral statement/conversation/discussion</p>
Subject contents	<p>Content of the classes: 1/ History of psychological thought past and present. The concept of the soul in the history of philosophical and psychological thought 2/ Consciousness and its concepts 3/ Evolution of psychological research 4/ Wundt's psychology 5/ Psychology at the turn of the 20th century 6/ Behaviorism and neo-behaviorism 7/ Psychoanalysis. The psychoanalytic movement and neopsychoanalysis 8/ Humanistic versus biological vision of human 9/ Cognitive psychology. History of Polish psychology</p>		

Prerequisites and co-requisites			
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	Discussion	51.0%	10.0%
	Test of knowledge	51.0%	90.0%
Recommended reading	Basic literature	<p>Dobroczyński, B. i Rzepa, T. (2022). Historia polskiej myśli psychologicznej. PWN.</p> <p>Schultz, D.P., Schultz, S.E. (2008). Historia współczesnej psychologii. Kraków: WUJ.</p> <p>Stachowski, R. (2010). Historia myśli psychologicznej. Warszawa: Scholar.</p>	
	Supplementary literature	Prace klasyków filozofii i psychologii, publikacje Platona, Arystotelesa, B. Dobroczyńskiego, R. Stachowskiego, L. T. Benjamina B. <a href="http://psychclassics.yorku.ca/index.htm">http://psychclassics.yorku.ca/index.htm</a>	
	eResources addresses		
Example issues/ example questions/ tasks being completed	<p>The origins of psychology as a science</p> <p>Humanistic vs. biological concepts of man</p> <p>Research methods in psychology</p> <p>Verification of knowledge in psychology (research process and its components)</p> <p>The application value of psychology</p>		
Work placement	Not applicable		

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