

Subject card

Subject name and code	Psychological assessment: interview and observation, PG_00148287						
Field of study	Psychology						
Date of commencement of studies	October 2026	Academic year of realisation of subject			2028/2029		
Education level	uniform Master's studies	Subject group			Obligatory subject group in the field of study Subject group related to scientific research in the field of study		
Mode of study	full-time studies	Mode of delivery			at the university		
Year of study	3	Language of instruction			Polish		
Semester of study	5	ECTS credits			2.0		
Learning profile	academic	Assessment form			credit		
Conducting unit	Division of Clinical and Health Psychology -> Institute of Psychology -> Faculty of Social Sciences -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr Agata Rudnik				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	15.0	0.0	0.0	0.0	15
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	15		10.0		35.0	60
Subject objectives	The objective of the course is to discuss the fundamental tools in psychological diagnostics, which are the interview and observation. The student will become familiar with the characteristics of research, diagnostic, and therapeutic interviews, gain knowledge about the principles of question construction, conducting observations, and building relationships with the patient/client.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[PSYCHJ5_U05] He/she has in-depth skills to present his/her own ideas, doubts, and suggestions, to support them with extensive argumentation in the context of selected theoretical perspectives, views of various authors, while being guided by ethical principles.	The student is able to interpret data obtained from observations and interviews thoroughly.	[SU1] oral statement/conversation/discussion [SU2] presentation/project/paper/report [SU3] text preparation/written work [SU8] observation of student's independent or team work
	[PSYCHJ5_K02] He/she is ready to take on professional and personal challenges; he/she is active, takes the trouble and is persistent in undertaking individual and team professional activities in the field of psychology; he/she is committed to cooperation.	The student is prepared to take on professional and personal challenges; demonstrates proactivity, readiness to exert effort, and perseverance in professional tasks in psychology; and actively collaborates in the psychological diagnostic process using interview and observation methods.	[SK1] oral statement/conversation/discussion [SK8] observation of student's independent or team work
	[PSYCHJ5_U07] He/she has in-depth skills of observing, diagnosing, rationally assessing complex psychological situations and analysing motives and patterns of human behaviour.	The student is aware that the diagnostic process requires considering data from multiple sources, particularly taking into account the socio-cultural context and cultural differences. They understand that conclusions should not be drawn based on incomplete information.	[SU1] oral statement/conversation/discussion [SU2] presentation/project/paper/report [SU3] text preparation/written work [SU5] implementation of a problem task [SU8] observation of student's independent or team work
	[PSYCHJ5_W08] He/she has in-depth and expanded knowledge of the psychological foundations of human functioning.	The student has advanced knowledge of designing diagnostic studies (using methods such as interviews and observation) appropriate for clinical psychology.	[SW1] oral statement/conversation/discussion [SW2] presentation/project/paper/report [SW5] implementation of a problem task
	[PSYCHJ5_W07] He/she has in-depth knowledge of the specificity of social relations, social phenomena and the regularities that govern them from the point of view of psychology.	The student knows methods for establishing good rapport during interviews with patients or clients, showing respect, understanding, and acceptance.	[SW1] oral statement/conversation/discussion [SW2] presentation/project/paper/report [SW5] implementation of a problem task
	[PSYCHJ5_K06] He/she is responsible for his/her own preparation for work, decisions taken, actions taken and their effects, he/she feels responsible towards people for whom good he/she tries to act, he/she expresses such an attitude in the environment of specialists and indirectly models this approach among others.	The student knows the methods and tools for measuring and describing interpersonal relationships appropriate for psychology.	[SK1] oral statement/conversation/discussion [SK2] presentation/project/paper/report [SK3] text preparation/written work [SK8] observation of student's independent or team work
	[PSYCHJ5_K03] He/she appreciates the importance of psychological sciences for the development of an individual and proper social ties, he/she has a positive attitude to acquiring knowledge in the field of the studied scientific discipline and building a psychologist's workshop.	The student is able to utilize the knowledge gained from studying other subjects (including, among others, diagnostic models in clinical psychology).	[SK1] oral statement/conversation/discussion [SK3] text preparation/written work [SK8] observation of student's independent or team work
	[PSYCHJ5_K01] He/she has deeper awareness of the level of his/her knowledge and skills, he/she understands the need for continuous personal and professional development.	The student understands that the work of a psychologist requires continuous updating of their knowledge and working on their skills (including in the area of evolving psychological research methodologies and the diagnostic process).	[SK1] oral statement/conversation/discussion [SK8] observation of student's independent or team work
	[PSYCHJ5_U01] He/she has in-depth skills of observing, searching, and processing information on social phenomena of various nature, using various sources and interpreting them from the point of view of psychological and health problems.	The student is aware that the diagnostic process requires integrating knowledge from various sources.	[SU1] oral statement/conversation/discussion [SU3] text preparation/written work [SU5] implementation of a problem task [SU8] observation of student's independent or team work

	Course outcome	Subject outcome	Method of verification
	[PSYCHJ5_K09] He/she independently undertakes and initiates research activities.	The student is able to independently conduct a reliable interview and observation.	[SK1] oral statement/conversation/discussion [SK3] text preparation/written work [SK6] demonstration of practical skills [SK8] observation of student's independent or team work
	[PSYCHJ5_K04] He/she identifies himself/herself with the values, goals and tasks implemented in psychological practice, he/she is characterized by caution, maturity and commitment to designing, planning and implementing psychological activities.	The student, being aware of the challenges posed by psychological diagnostic tools (including interviews and observations), identifies with the values, goals, and tasks of psychological practice, and demonstrates prudence, maturity, and commitment in designing, planning, and implementing psychological activities.	[SK1] oral statement/conversation/discussion [SK3] text preparation/written work [SK5] implementation of a problem task [SK8] observation of student's independent or team work
Subject contents	<p>1. Understanding the role of interviews and observation in the diagnostic process:</p> <ul style="list-style-type: none"> - learning how interviews and observation can support psychological diagnosis, - understanding how these methods fit into the overall clinical assessment process. <p>2. Development of diagnostic skills:</p> <ul style="list-style-type: none"> - conducting diagnostic interviews aimed at gathering relevant clinical information, - performing clinical observations to identify key behaviors and symptoms. <p>3. Diagnostic techniques and tools:</p> <ul style="list-style-type: none"> - utilizing rating scales, questionnaires, and other tools to support the diagnostic process. <p>4. Data analysis and interpretation:</p> <ul style="list-style-type: none"> - ability to analyze data collected during interviews and observation, - interpreting data in a clinical context, considering various theoretical models and diagnostic approaches. <p>5. Ethics and professional responsibility:</p> <ul style="list-style-type: none"> - ensuring confidentiality, accuracy, and responsibility in the process of data collection and interpretation. <p>6. Development of interpersonal skills:</p> <ul style="list-style-type: none"> - building relationships with clients/patients that ensure comfort and openness during interviews. - developing listening and empathy skills. <p>7. Practical application:</p> <ul style="list-style-type: none"> - practicing conducting interviews and observations in the context of real clinical cases, - gaining experience in creating diagnostic reports based on collected data. 		
Prerequisites and co-requisites			
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	Group work	41.0%	80.0%
	Individual work	10.0%	20.0%
Recommended reading	Basic literature	Stemplewska-Żakowicz, K. & Krejtz, K. (2006). <i>Psychological Interview. Volume 1</i> . Psychological Tests Laboratory of the Polish Psychological Association. Suchańska, A. (2007). <i>Conversation and Observation in Psychological Diagnosis</i> . Academic and Professional Publishing.	
	Supplementary literature	Morrison, J. (2015). <i>Initial Diagnostic Interview</i> . Jagiellonian University Press. Morrison, J. & Flegel, K. (2018). <i>Diagnostic Interview with Children and Adolescents</i> . Jagiellonian University Press.	
	eResources addresses		
Example issues/ example questions/ tasks being completed	Write a psychological report based on the conducted interview and observation.		
Work placement	Not applicable		

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