

**Subject card**

<b>Subject name and code</b>	Strategies for stimulating social change, PG_00152096						
<b>Field of study</b>	Social Work						
<b>Date of commencement of studies</b>	October 2026	<b>Academic year of realisation of subject</b>			2027/2028		
<b>Education level</b>	Master's studies	<b>Subject group</b>			Obligatory subject group in the field of study Subject group related to scientific research in the field of study		
<b>Mode of study</b>	full-time studies	<b>Mode of delivery</b>			at the university		
<b>Year of study</b>	2	<b>Language of instruction</b>			Polish		
<b>Semester of study</b>	3	<b>ECTS credits</b>			1.0		
<b>Learning profile</b>	academic	<b>Assessment form</b>			credit		
<b>Conducting unit</b>	Division of Sociology of Work and Social Movements -> Institute of Sociology -> Faculty of Social Sciences -> Rector						
<b>Name and surname of lecturer (lecturers)</b>	<b>Subject supervisor</b>	dr Grzegorz Piotrowski					
	<b>Teachers</b>						
<b>Lesson types</b>	<b>Lesson type</b>	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	<b>Number of study hours</b>	0.0	15.0	0.0	0.0	0.0	15
	E-learning hours included: 0.0						
<b>Learning activity and number of study hours</b>	<b>Learning activity</b>	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	<b>Number of study hours</b>	15		0.0		10.0	25
<b>Subject objectives</b>	The subject will be directed at illuminating and searching by students for actions (possible strategies) that can be taken to encourage and lead local communities towards cooperation, activism and positive social transformation. The class will focus on answering this question - what actions can an expert take to instill positive change processes in groups?						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[PRACSOCMU2_W09] knows and has in-depth understanding of views on selected structures and institutions and categories of social bonds in the field of social work, knows the process of their historical evolution	Upon completion of the course, the student should know and understand in depth the views on selected structures and institutions and categories of social ties in the field of social work. He should also be familiar with the process of their historical evolution.	[SW4] test/exam - oral or written
	[PRACSOCMU2_W02] knows and has in-depth understanding of various types of social structures and institutions (cultural, political, legal and economic) in the field of social work and in relation to selected social structures and institutions that make up the social welfare system	Awareness and understanding of various types of social structures and institutions (cultural, political, legal and economic) in the field of social work and in-depth in relation to selected social structures and institutions that make up the social welfare system	[SW2] presentation/project/paper/report
	[PRACSOCMU2_U02] is able to use theoretical knowledge to describe and analyse the causes and course of the processes taking place in the life of the client and his/her family as well as social phenomena in the local environment, make an assessment, formulate his/her opinion and select the appropriate tools for analysis, diagnosis, planning of social or therapeutic activities	Will be able to use theoretical knowledge to describe and analyze the causes and course of life processes and social phenomena in the local environment, make assessments, form an opinion and select appropriate tools for analysis, diagnosis, planning social or therapeutic action.	[SU1] oral statement/conversation/discussion
	[PRACSOCMU2_W04] knows and has in-depth understanding of psychological, sociological and pedagogical determinants of social bonds in the field of social work and the regularities between them	Upon completion of the course, the student should know and understand in depth the psychological, sociological and pedagogical determinants of social ties in the context of social work and the interrelationships between them.	[SW4] test/exam - oral or written
	[PRACSOCMU2_K01] is willing to undertake continuous action to expand his/her professional competences and to develop his/her personality, appreciating the value and necessity of lifelong education in contemporary society, can inspire others to expand their knowledge and skills	He knows the techniques and ways to develop professional competence and knows the sources of knowledge that he can use to expand his mental horizons, as well as his competence	[SK1] oral statement/conversation/discussion
	[PRACSOCMU2_U05] is able to use normative systems and ethical rules, solve numerous ethical dilemmas that appear in the practice of social work when activities are undertaken in the work with the client, with colleagues, with institutional limitations, and also understand and use knowledge about the paradoxes of professional activity, make use of skills and support in supervisory activities, autobiographies	Ability to apply knowledge to solve ethical dilemmas related to social work and its practice, and use knowledge of the paradoxes of professional action, use of skills and support in the framework of superintelligence activities, autobiographies.	[SU1] oral statement/conversation/discussion
Subject contents	<p>- The concept of social change in different theoretical approaches- Factors of social change- Behavioral economics as a tool for changing social behavior- Ethical limits of interference in social structures- Evaluation of the effects of change- Formal and informal mechanisms for stimulating social change- Political, legal and social consciousness changes</p>		
Prerequisites and co-requisites			
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	report from own's work	51.0%	100.0%

Recommended reading	Basic literature	<p>Marody, Mirosława, Anna Giza-Poleszczuk. 2004. Przemiany więzi społecznych. Zarys teorii zmiany społecznej. Warszawa: Wydawnictwo Naukowe Scholar</p> <p>Sztompka, Piotr. 2005. Socjologia zmian społecznych. Kraków: Wydawnictwo Znak</p> <p>Prościej, taniej i skuteczniej, czyli jak ekonomia behawioralna wspiera polityki publiczne w Polsce. 2019. Warszawa: Polski Instytut Ekonomiczny</p> <p>Iwanowski, Michał. 2016 "Aktywizacja w czasach niepewności. Między przymusem zmiany a stymulowaniem zmian." <i>Relacje. Studia z nauk społecznych</i> 1: 83-96.</p>
	Supplementary literature	<p>Thaler, Richard, Cass Sunstein. 2008. Nudge: Improving Decisions About Health, Wealth, and Happiness. Yale University Press</p> <p>Behavioral Economics: Crash Course Economics #27, YouTube</p>
	eResources addresses	
Example issues/ example questions/ tasks being completed	Credit will be given on the basis of the student's work on a research project related to the topics of the class, during which relevant literature and information provided and obtained in class will be used.	
Work placement	Not applicable	

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