

**Subject card**

<b>Subject name and code</b>	The problems and prevention of burnout in social services, PG_00152103						
<b>Field of study</b>	Social Work						
<b>Date of commencement of studies</b>	October 2026	<b>Academic year of realisation of subject</b>			2026/2027		
<b>Education level</b>	Master's studies	<b>Subject group</b>			Obligatory subject group in the field of study		
<b>Mode of study</b>	full-time studies	<b>Mode of delivery</b>			e-learning		
<b>Year of study</b>	1	<b>Language of instruction</b>			Polish		
<b>Semester of study</b>	2	<b>ECTS credits</b>			2.0		
<b>Learning profile</b>	academic	<b>Assessment form</b>			credit		
<b>Conducting unit</b>	Division of Social Pedagogy -> Institute of Education -> Faculty of Social Sciences -> Rector						
<b>Name and surname of lecturer (lecturers)</b>	<b>Subject supervisor</b>		Małgorzata Niemkiewicz				
	<b>Teachers</b>						
<b>Lesson types</b>	<b>Lesson type</b>	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	<b>Number of study hours</b>	30.0	0.0	0.0	0.0	0.0	30
	E-learning hours included: 30.0						
<b>Learning activity and number of study hours</b>	<b>Learning activity</b>	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	<b>Number of study hours</b>	30		0.0		20.0	50
<b>Subject objectives</b>	nie dotyczy						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[PRACSOCMU2_U06] is able to use the acquired knowledge from social sciences and methodology to evaluate his/her activities as well as the changes taking place in the local environment; independently plan and implement his/her professional development, as well as direct others to change their activities	nie dotyczy	[SU4] test/exam - oral or written
	[PRACSOCMU2_K04] is willing to based on a reliable diagnosis, identify problems of an individual, family and community; is aware of the ethical dilemmas related to the profession of a social worker, family assistant, and local community organiser; is ready to master the skill of resolving dilemmas concerning work for the sake of people and communities	nie dotyczy	[SK2] presentation/project/paper/report
	[PRACSOCMU2_K01] is willing to undertake continuous action to expand his/her professional competences and to develop his/her personality, appreciating the value and necessity of lifelong education in contemporary society, can inspire others to expand their knowledge and skills	nie dotyczy	[SK2] presentation/project/paper/report
	[PRACSOCMU2_W07] knows and has in-depth understanding and identifies the regularities that govern them; legal, organisational, professional, moral and ethical systems of norms and rules organising structures and institutions functioning in the field of social work, knows the regularities that govern them, their sources, nature, changes and methods of operation;	nie dotyczy	[SW4] test/exam - oral or written
Subject contents	nie dotyczy		
Prerequisites and co-requisites	nie dotyczy		
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	nie dotyczy	51.0%	33.0%
	nie dotyczy	51.0%	33.0%
	nie dotyczy	51.0%	34.0%
Recommended reading	Basic literature	nie dotyczy	
	Supplementary literature	nie dotyczy	
	eResources addresses		
Example issues/ example questions/ tasks being completed			
Work placement	Not applicable		

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