

Subject card

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|--|---|--|-----------------------|-------------------------------------|---|------------|-----|
| Subject name and code | Modern instruments in social work, PG_00152073 | | | | | | |
| Field of study | Social Work | | | | | | |
| Date of commencement of studies | October 2026 | Academic year of realisation of subject | | | 2028/2029 | | |
| Education level | Bachelor's studies | Subject group | | | Obligatory subject group in the field of study Optional subject group Subject group related to practical vocational preparation | | |
| Mode of study | full-time studies | Mode of delivery | | | at the university | | |
| Year of study | 3 | Language of instruction | | | Polish | | |
| Semester of study | 6 | ECTS credits | | | 3.0 | | |
| Learning profile | practical | Assessment form | | | credit | | |
| Conducting unit | Division of Social Pedagogy -> Institute of Education -> Faculty of Social Sciences -> Rector | | | | | | |
| Name and surname of lecturer (lecturers) | Subject supervisor | | dr Małgorzata Szpunar | | | | |
| | Teachers | | | | | | |
| Lesson types | Lesson type | Lecture | Tutorial | Laboratory | Project | Seminar | SUM |
| | Number of study hours | 0.0 | 40.0 | 0.0 | 0.0 | 0.0 | 40 |
| | E-learning hours included: 0.0 | | | | | | |
| Learning activity and number of study hours | Learning activity | Participation in didactic classes included in study plan | | Participation in consultation hours | | Self-study | SUM |
| | Number of study hours | 40 | | 0.0 | | 35.0 | 75 |
| Subject objectives | Students learn about modern tools of social work in a direct close relationship with a social welfare client. They train the working methods of the solution-focused approach, motivational dialogue and coaching, which are aimed at achieving change in the client's life in a subjective way | | | | | | |

| Learning outcomes | Course outcome | Subject outcome | Method of verification |
|-------------------|--|--|---|
| | [PRACSOCL3_W06] has advanced knowledge of professional practice methods and tools, including data collection techniques | knows the principles of diagnosing resources, knows what their areas are, knows measurement tools, knows what are the features of a well-set goal and techniques for motivating to change | [SW4] test/exam - oral or written |
| | [PRACSOCL3_K04] Is ready to identify and resolve dilemmas related to the social work profession | correctly identifies and resolves dilemmas related to the performance of profession, especially when distinguishing between the client's goals and those of the social welfare institution | [SK2] presentation/project/paper/report |
| | [PRACSOCL3_K03] is ready to appropriately set priorities for the implementation of the tasks assigned by himself or others, and to use the knowledge and skills acquired, as well as competencies, to carry out the tasks assigned by himself or assigned, and discuss them while respecting the views of the other side | can properly determine priorities for planned changes in the client's life, as well as within self-development – define goals and strive for them | [SK2] presentation/project/paper/report |
| | [PRACSOCL3_U02] Is able to use basic theoretical knowledge for professional practice within the framework of social work, especially to describe and practically analyze individual social processes and phenomena (cultural, political, legal, economic) specific to social work | is able to use basic theoretical knowledge in the field of human change and development description and practical analysis of individual social processes and phenomena (cultural, political, legal, economic) in the field of social assistance | [SU2] presentation/project/paper/report |
| | [PRACSOCL3_W05] knows the areas of social functioning of man, in particular, has knowledge of his activities in the constitution of social structures and their practical functioning | has knowledge about the human being, related to the regularities of functioning in the field of social functioning, biological, social and cultural development | [SW4] test/exam - oral or written |
| | [PRACSOCL3_U04] is able to forecast practical effects of selected social processes and phenomena (cultural, political, economic) using standardized methods and tools, specific for the fields of science and scientific disciplines, characteristic for social work | is able to forecast the practical effects of specific social processes and phenomena (cultural, political, economic) using standard methods and tools of solution-focused therapy, motivational dialogue and coaching | [SU2] presentation/project/paper/report |
| | [PRACSOCL3_U01] is able to correctly interpret social phenomena specific for social work (cultural, political, legal, economic) | is able to correctly interpret social phenomena (cultural, political, legal, economic) in order to use modern tools leading to change and indicates the desired effects of change | [SU2] presentation/project/paper/report |
| | [PRACSOCL3_K06] Is ready to complete and improve knowledge, skills and competencies in professional social work practice | is able to supplement and improve the acquired knowledge and skills in the field of modern tools in social work | [SK2] presentation/project/paper/report |
| | [PRACSOCL3_W07] is ready to think and act in an entrepreneurial manner, correctly analyzes and interprets the basic issues of social assistance and integration and is ready to think and act in professional situations in a professional manner, using basic concepts specific to social work | has knowledge of methods and tools, including data acquisition techniques to diagnose customer resources and needs | [SK4] test/exam - oral or written |

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| Subject contents | <p>1. The relationship between the client and the family assistant as a relationship of professional action. Supporting as a category of social action. 2. Main assumptions of the solution-focused approach. Symmetry of the client-assistant relationship. 3. Constructing work goals for a change in the life of the assistant's family. Use of PSR methods and contract. 4. Methods of solution-focused approach towards diagnosing family resources and motivating to change. 5. Stages of conversation and work with the family in a contract with an assistant. 6. Motivational dialogue in the context of systemic social work with the family. 7. Motivational dialogue in family assistantship. 8. Coaching as building goals and ways of change. 9. GROW in coaching.</p> | | |
| Prerequisites and co-requisites | Communication skills, issues related to family, professional social action | | |
| Assessment methods and criteria | Subject passing criteria | Passing threshold | Percentage of the final grade |
| | | 51.0% | 60.0% |
| | | 51.0% | 40.0% |
| Recommended reading | Basic literature | Motivational dialogue in theory and practice. Motivating for change in social work and therapy, 2012, (eds) Jaraczewska J., Krasiejko I., Toruń. Jong P., Berg I. 2007, Conversations about Solutions, Kraków. The customer is an expert. The solution-focused approach and its application in Poland, 2007, (eds) Kienhuis J., Świtek T. Krasiejko I., 2011, Social work in the practice of a family assistant. An example of a solution-focused approach, Katowice. Krasiejko I., 2010. Methodology of assistant services. Katowice | |
| | Supplementary literature | Robertis C., Pascal H., 1999, Methodological Treatment in Social Work with Groups and Communities. Katowice, Sutton C., 2007, Psychology for social workers, Gdańsk. Szczepkowski J., 2010, Social work-a solution-focused approach | |
| | eResources addresses | | |
| Example issues/ example questions/ tasks being completed | Principles of a well-defined goal. Resource Reinforcement. Motivational tools (asking about exceptions, Socratic questions, imagery, etc.) | | |
| Work placement | Not applicable | | |

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