

**Subject card**

<b>Subject name and code</b>	Introduction to Team Sports - Badminton, Tennis, Table Tennis, PG_00194196						
<b>Field of study</b>	Sport Management						
<b>Date of commencement of studies</b>	October 2026		<b>Academic year of realisation of subject</b>		2028/2029		
<b>Education level</b>	Bachelor's studies		<b>Subject group</b>		Optional subject group		
<b>Mode of study</b>	full-time studies		<b>Mode of delivery</b>		at the university		
<b>Year of study</b>	3		<b>Language of instruction</b>		Polish		
<b>Semester of study</b>	6		<b>ECTS credits</b>		2.0		
<b>Learning profile</b>	academic		<b>Assessment form</b>		credit		
<b>Conducting unit</b>							
<b>Name and surname of lecturer (lecturers)</b>	Subject supervisor		dr Sabina Nowak				
	Teachers						
<b>Lesson types</b>	<b>Lesson type</b>	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	30.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
<b>Learning activity and number of study hours</b>	<b>Learning activity</b>	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		1.0		19.0	50
<b>Subject objectives</b>	The aim of the course is to familiarize students with issues related to racket sports (badminton, tennis, and table tennis). The theoretical foundations of these disciplines will be discussed, along with their history and social conditions, which can be used in various areas of sports clubs, sports academies, and other types of sports-related business activities. Practical exercises are designed to familiarize students with the technical elements of badminton, tennis, and table tennis, thereby increasing their self-awareness in the area of physical culture and caring for balanced psychophysical development.						
<b>Learning outcomes</b>	<b>Course outcome</b>		<b>Subject outcome</b>		<b>Method of verification</b>		
	[ZSSML3_U11] Can engage and collaborate in teams, assuming different roles.		Can use knowledge to demonstrate the technique for performing a motor task in racket sports and cooperate in a team, applying the principle of fair play.		[SU2] presentation/project/paper/report [SU6] demonstration of practical skills [SU8] observation of student's independent or team work		
	[ZSSML3_K02] Is ready to perform professional roles responsibly, adhere to professional ethics and require the same of others, and care for the achievements and traditions of professions related to management and the sports market.		Can responsibly perform professional roles in the field of sports management, adhering to high standards of professional ethics and expecting the same from other team members and stakeholders.		[SK6] demonstration of practical skills [SK8] observation of student's independent or team work		
<b>Subject contents</b>	<ol style="list-style-type: none"> <li>1. Origin and history.</li> <li>2. Rules of the game and scoring.</li> <li>3. Refereeing.</li> <li>4. Competition system. Major tournaments.</li> <li>5. Polish and international players.</li> <li>6. Basic strokes.</li> <li>7. Specifics of individual and team play.</li> <li>8. Observing competitions.</li> </ol>						
<b>Prerequisites and co-requisites</b>							

Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
		presentation/assignment	51.0%
Recommended reading	Basic literature	1. A. Szalewicz: Nauka badmintona w weekend. Wiedza i życie 2001 2. S. Rich: Tenis. Poradnik nowoczesnego gracza. Muza SA, Warszawa 2007 3. J. Grycan: Integralny tenis stołowy.	
	Supplementary literature	n/a	
	eResources addresses		
Example issues/ example questions/ tasks being completed			
Work placement	Not applicable		

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