

Subject card

Subject name and code	Elements of Therapy for Emotional Disorders, PG_00194523						
Field of study	Pre-school and Early School Education						
Date of commencement of studies	October 2026		Academic year of realisation of subject			2030/2031	
Education level	uniform Master's studies		Subject group			Obligatory subject group in the field of study Optional subject group Subject group related to scientific research in the field of study	
Mode of study	full-time studies		Mode of delivery			at the university	
Year of study	5		Language of instruction			Polish	
Semester of study	10		ECTS credits			2.0	
Learning profile	academic		Assessment form			credit	
Conducting unit							
Name and surname of lecturer (lecturers)	Subject supervisor		dr Sandra Makowska				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	15.0	15.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		0.0		20.0	50
Subject objectives							

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[PPWJ5_W04] The graduate knows and understands to an in-depth level -He/she has advanced, structured and theoretically based knowledge of main educational environments, their specificity and processes taking place in them		[SW4] test/exam - oral or written [SW1] oral statement/ conversation/discussion
	[PPWJ5_W03] The graduate knows and understands to an in-depth level - He/she has advanced, structured and theoretically based knowledge of contemporary Childhood Studies exploring the issue of child well-being in an interdisciplinary way		[SW4] test/exam - oral or written [SW1] oral statement/ conversation/discussion
	[PPWJ5_U01] The graduate has the skills enabling them to observe pedagogical situations and events, analyse them using pedagogical and psychological knowledge and propose solutions to problems		[SU1] oral statement/conversation/ discussion [SU2] presentation/project/paper/ report
	[PPWJ5_U10] The graduate has the skills enabling them to 10. create educational and didactic situations that motivate children or learners to learn and work on themselves, analyse their effectiveness and modify activities in order to achieve the desired effects of upbringing and education		[SU1] oral statement/conversation/ discussion [SU2] presentation/project/paper/ report
	[PPWJ5_U13] The graduate has the skills enabling them to rationally manage the class time in accordance with the principles of mental work techniques, responsibly and purposefully organise the child's (learner's) extracurricular work, respecting his or her right to rest		[SU1] oral statement/conversation/ discussion [SU2] presentation/project/paper/ report
	[PPWJ5_K07] The graduate has social competences enabling them to design and implement activities aimed at axiological education and values education - introducing children or learners to the world of values and social competences		[SK1] oral statement/conversation/ discussion
[PPWJ5_K03] The graduate has social competences enabling them to build relationships of mutual trust between all entities in the upbringing and education process, including parents or guardians of a child or learner, and involve them in activities conducive to educational effectiveness		[SK1] oral statement/conversation/ discussion	
Subject contents			
Prerequisites and co-requisites			
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
		51.0%	50.0%
		51.0%	50.0%
Recommended reading	Basic literature		
	Supplementary literature		
	eResources addresses		
Example issues/ example questions/ tasks being completed			
Work placement	Not applicable		

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