

Subject card

Subject name and code	Introduction to Team Sports: Basketball, PG_00194534						
Field of study	Sport Management						
Date of commencement of studies	October 2026	Academic year of realisation of subject				2027/2028	
Education level	Bachelor's studies	Subject group				Optional subject group	
Mode of study	full-time studies	Mode of delivery				at the university	
Year of study	2	Language of instruction				Polish	
Semester of study	3	ECTS credits				2.0	
Learning profile	academic	Assessment form				credit	
Conducting unit							
Name and surname of lecturer (lecturers)	Subject supervisor		dr Sabina Nowak				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	30.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		1.0		19.0	50
Subject objectives	The aim of the course is to familiarize students with issues related to team sports focused on basketball and its variant, i.e., 3x3 basketball. The theoretical foundations of the discipline will be discussed, along with its history and social conditions, which can be used in various areas of sports clubs, sports academies, and other types of sports-related business activities. Practical exercises are designed to familiarize students with the technical elements of basketball and its 3x3 variant, thereby increasing their self-awareness in the area of physical culture and caring for balanced psychophysical development.						
Learning outcomes	Course outcome		Subject outcome		Method of verification		
	[ZSSML3_K02] Is ready to perform professional roles responsibly, adhere to professional ethics and require the same of others, and care for the achievements and traditions of professions related to management and the sports market.		Recognises and respects the achievements and traditions of professions related to sports management and the sports market, and can cite examples of leaders, values, and practices that shape professional standards in this industry.		[SK2] presentation/project/paper/report [SK5] implementation of a problem task		
	[ZSSML3_U11] Can engage and collaborate in teams, assuming different roles.		Can cooperate and work in a basketball team, taking on different roles depending on the team's needs, both during training and matches; takes responsibility for the tasks assigned to him, supports other players in developing their technical and tactical skills, cares for the well-being of the team, and promotes fair play.		[SU8] observation of student's independent or team work		

Subject contents	<ol style="list-style-type: none"> 1. Basketball: historical overview and cultural context. 2. Basketball rules. 3. Organizational structure of organized basketball competitions. 4. Basketball variation: 3x3 basketball. 5. Basics of individual training in basketball. 6. Basics of team training in basketball. 7. Basics of training planning in basketball. 8. Basic rules of refereeing - pedagogy. 9. Observation of basketball competitions. 10. Organization of basketball competitions. 		
Prerequisites and co-requisites			
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	Presentation	51.0%	100.0%
Recommended reading	Basic literature	<ol style="list-style-type: none"> 1. Huciński Tadeusz: Szkolenie dzieci i młodzieży w koszykówce: teoria i praktyka. Centralny Ośrodek Sportu 2008 2. Huciński Tadeusz: Koszykówka podręcznik dla trenerów, nauczycieli i studentów . Wydawnictwo BK 2008 	
	Supplementary literature	n/a	
	eResources addresses		
Example issues/ example questions/ tasks being completed			
Work placement	Not applicable		

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