

Subject card

Subject name and code	Introduction to Team Sports: Football, PG_00194537						
Field of study	Sport Management						
Date of commencement of studies	October 2026	Academic year of realisation of subject				2027/2028	
Education level	Bachelor's studies	Subject group				Optional subject group	
Mode of study	full-time studies	Mode of delivery				at the university	
Year of study	2	Language of instruction				Polish	
Semester of study	4	ECTS credits				2.0	
Learning profile	academic	Assessment form				credit	
Conducting unit							
Name and surname of lecturer (lecturers)	Subject supervisor		dr Sabina Nowak				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	30.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		1.0		19.0	50
Subject objectives	The aim of the course is to familiarize students with issues related to team sports focused on soccer and its variants (including futsal and beach soccer). The theoretical foundations of the discipline will be discussed, along with its history and social conditions, which can be used in various areas of sports clubs, soccer academies, and other types of sports-related business activities. Practical exercises are designed to familiarize students with the technical elements of various types of soccer, thereby increasing their self-awareness in the area of physical culture and caring for balanced psychophysical development.						
Learning outcomes	Course outcome		Subject outcome		Method of verification		
	[ZSSML3_U11] Can engage and collaborate in teams, assuming different roles.		Demonstrates effective communication and coordination of team activities, is able to plan tactics, convey clear signals, and respond to signals from partners in the spirit of fair play.		[SU8] observation of student's independent or team work		
	[ZSSML3_K02] Is ready to perform professional roles responsibly, adhere to professional ethics and require the same of others, and care for the achievements and traditions of professions related to management and the sports market.		Can responsibly perform professional roles in the context of sports management, adhering to high standards of professional ethics and demanding the same from other team members and the environment.		[SK2] presentation/project/paper/report [SK5] implementation of a problem task		
Subject contents	<ol style="list-style-type: none"> 1. Football: historical overview and cultural context. 2. The rules of football. 3. The organizational structure of organized football competitions. 4. Variations of football: futsal, beach soccer, teqball. 5. Basics of special techniques. 6. Individual actions in soccer. 7. Team actions in soccer. 8. Observation of soccer competitions. 9. Basic rules of refereeing and teaching. 10. Organization of sports competitions. 						
Prerequisites and co-requisites							

Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
		presentation	51.0%
Recommended reading	Basic literature	1. Szwarc (red.): Vademecum piłki nożnej. AWFIS Gdańsk, 2010 2. Dorna (red.) Narodowy model gry. PZPN 2016 3. Aftański T., Szwarc A.: Futsal Halowa piłka nożna. AWFIS Gdańsk 2013	
	Supplementary literature	1. Grycman P.: Rozumienie i nauczanie gry. Katowice 2021	
	eResources addresses		
Example issues/ example questions/ tasks being completed			
Work placement	Not applicable		

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