

**Subject card**

<b>Subject name and code</b>	Psychological analysis of experiences from school practice, PG_00195639						
<b>Field of study</b>	Pedagogy						
<b>Date of commencement of studies</b>	October 2026	<b>Academic year of realisation of subject</b>			2027/2028		
<b>Education level</b>	Bachelor's studies	<b>Subject group</b>			Obligatory subject group in the field of study Optional subject group Subject group related to scientific research in the field of study		
<b>Mode of study</b>	full-time studies	<b>Mode of delivery</b>			at the university		
<b>Year of study</b>	2	<b>Language of instruction</b>			Polish		
<b>Semester of study</b>	3	<b>ECTS credits</b>			1.0		
<b>Learning profile</b>	academic	<b>Assessment form</b>			credit		
<b>Conducting unit</b>							
<b>Name and surname of lecturer (lecturers)</b>	<b>Subject supervisor</b>		dr Małgorzata Obrycka				
	<b>Teachers</b>						
<b>Lesson types</b>	<b>Lesson type</b>	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	<b>Number of study hours</b>	0.0	10.0	0.0	0.0	0.0	10
	E-learning hours included: 0.0						
<b>Learning activity and number of study hours</b>	<b>Learning activity</b>	Participation in didactic classes included in study plan	Participation in consultation hours	Self-study	SUM		
	<b>Number of study hours</b>	10	0.0	15.0	25		
<b>Subject objectives</b>	Developing reflective and analytical competencies in future teachers based on their actual experiences during professional practice in educational institutions. This subject primarily serves two key, complementary purposes: 1) developing reflection and professional self-awareness; 2) developing problem-solving skills (case study).						
<b>Learning outcomes</b>	<b>Course outcome</b>		<b>Subject outcome</b>		<b>Method of verification</b>		
	[PEDL3_K08] In terms of social competences, graduates are prepared to appreciate the traditions and achievements of scientific research in the field of pedagogy, as well as to continue and expand them into new areas and research procedures.		B.1.K1. is willing to continually improve their substantive knowledge; B.1.K2. is willing to seek out new resources to enrich the teaching content.		[SK5] implementation of a problem task		
	[PEDL3_U26] Graduates are able to analyse their own pedagogical, didactic, educational and care activities, identify areas requiring modification, experimentation and implementation of innovative measures.		Graduates are able to plan, based on conscious self-reflection, activities for professional development.		[SU2] presentation/project/paper/report [SU5] implementation of a problem task		

Subject contents	<p>The role of reflection and self-awareness in teacher professional development.  The reflective cycle as a tool for analyzing experiences: Kolb, Gibbs, Hesse.</p> <p>Psychological analysis: a case study from practice: methods and tools.  Analysis of personal strengths and areas for development: communication, organization, classroom management.  Learning styles and teacher teaching styles.  Psychological aspects of teacher authority: sources and development.  Analysis of experiences using the principles of active listening and nonviolent communication (NVC).  Identification of communication barriers in the teacher-student relationship and strategies for eliminating them (using examples from practice).  Psychological aspects of feedback: reinforcing formulation.  Psychological techniques for conflict resolution and peer mediation (analysis of specific events).  Identification of special educational needs.  Developing strategies for coping with stress and building resilience (mental toughness).</p>		
Prerequisites and co-requisites			
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	problem-solving and presence	51.0%	100.0%
Recommended reading	Basic literature	Fontana D., <i>Psychology for Teachers</i> , Red Globe Press 1995.	
	Supplementary literature	Gordon T., <i>Teacher Effectiveness Training: The Program Proven to Help Teachers Bring Out the Best in Students of All Ages</i> , Three Rivers Pr 2003.	
	eResources addresses	Basic <a href="https://katalog-bug.ug.edu.pl/discovery/fulldisplay?docid=alma991005661729708343&amp;context=L&amp;vid=48FAR_UGD:48UGD&amp;lang=pl&amp;search_scope=MyInst_and_CI&amp;adaptor=Local%20Se">https://katalog-bug.ug.edu.pl/discovery/fulldisplay?docid=alma991005661729708343&amp;context=L&amp;vid=48FAR_UGD:48UGD&amp;lang=pl&amp;search_scope=MyInst_and_CI&amp;adaptor=Local%20Se</a> - Library of the University of Gdańsk Supplementary <a href="https://katalog-bug.ug.edu.pl/discovery/search?query=any,contains,Studium%20przypadku%20w%20badaniach%20na48UGD&amp;offset=0">https://katalog-bug.ug.edu.pl/discovery/search?query=any,contains,Studium%20przypadku%20w%20badaniach%20na48UGD&amp;offset=0</a> - Library of the University of Gdańsk, Scholar, Research Gate	
Example issues/ example questions/ tasks being completed	nie dotyczy		
Work placement	Not applicable		

Document generated electronically. Does not require a seal or signature.