

**Subject card**

<b>Subject name and code</b>	Far Eastern Religions. Hinduism - classes, PG_00200644						
<b>Field of study</b>	Religious Studies						
<b>Date of commencement of studies</b>	October 2026	<b>Academic year of realisation of subject</b>			2026/2027		
<b>Education level</b>	Bachelor's studies	<b>Subject group</b>			Obligatory subject group in the field of study Optional subject group Subject group related to scientific research in the field of study		
<b>Mode of study</b>	full-time studies	<b>Mode of delivery</b>			at the university		
<b>Year of study</b>	1	<b>Language of instruction</b>			Polish		
<b>Semester of study</b>	1	<b>ECTS credits</b>			1.0		
<b>Learning profile</b>	academic	<b>Assessment form</b>			credit		
<b>Conducting unit</b>							
<b>Name and surname of lecturer (lecturers)</b>	<b>Subject supervisor</b>		dr hab. Małgorzata Sacha				
	<b>Teachers</b>						
<b>Lesson types</b>	<b>Lesson type</b>	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	<b>Number of study hours</b>	0.0	15.0	0.0	0.0	0.0	15
	E-learning hours included: 0.0						
<b>Learning activity and number of study hours</b>	<b>Learning activity</b>	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	<b>Number of study hours</b>	15		2.0		8.0	25
<b>Subject objectives</b>	The exercises in the module on Hinduism are an extension of the issues discussed in the lecture part. We will analyze selected religious texts, still alive in the practices of Hindus, such as the Vedas, Upanishads, Bhagavad Gita. We will familiarize ourselves with selected myths described in the Puranas, present the main cults within Hinduism, such as Vaishnavism, Shaivism and Shaktism, and their relationship with cultural and religious trends such as bhakti and tantrism.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[RELL3_W04] Has advanced, structured knowledge of the history of various religions, understands the historical conditions of their development	The student demonstrates a comprehensive knowledge of Hinduism and knows the place of Hinduism among world religions. Understands the historical conditions of the development of Hinduism in the world.	[SW1] oral statement/ conversation/discussion
	[RELL3_K03] Is willing to acknowledge and respect different points of view determined by different religious, national and cultural backgrounds	The student demonstrates openness and tolerance towards cultural and religious differences.	[SK1] oral statement/conversation/ discussion
	[RELL3_U02] Be able to recognise different types of ancient and contemporary cultural artefacts and to critically analyse and interpret them in order to determine their meanings, social impact and place in the historical-cultural process	The student understands contemporary processes taking place in regions where Hinduism is dominant	[SU1] oral statement/conversation/ discussion
	[RELL3_W03] Has advanced, structured detailed knowledge of cultural and religious studies	Has knowledge about Hinduism and its place among world religions.	[SW2] presentation/project/paper/ report
[RELL3_W08] He knows the dangers of religious conflicts, understands the importance of consensus-oriented action and the search for solutions based on mutual respect and the rejection of all forms of discrimination	The student is ready to recognize and respect different points of view determined by different religious, national and cultural backgrounds.	[SW1] oral statement/ conversation/discussion	
Subject contents	1. Indo-Aryas and Aryavrata. Vedas 2. Cosmogonic Hymns of the Rig Veda: How Did the World Come into Being? 3. Upanishads - From Ritual Speculation to Philosophy 4. Puranic Mythology 5. Vaishnavism: History, Doctrine, Major Schools 6. Shaivism: History, Doctrine, Major Schools 7. The Cult of the Great Goddess, Shaktism 8. Summary of the Lesson		
Prerequisites and co-requisites	lack		
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	written / oral	51.0%	50.0%
	presence	75.0%	50.0%
Recommended reading	Basic literature	Powers, J. (1995). Wprowadzenie do buddyzmu tybetańskiego. Kraków: Wyd A  Kalmus, M. (2008). Tybet, legenda i rzeczywistość. Kraków: Wydawnictwo Bezdroża Różycka-Tran, J. (2015). W kole życia i śmierci. W: Boski, P., Różycka-Tran, J., Sorokowski, P., Podróże psychologiczne przez kultury świata. s. 91-182. Poznań: Sorus. Trilok Chandra Majupuria, Rohit Kumar (2005). Gods, Goddesses and religious symbols of hinduizm, buddhism and tantrism. Kathmandu: Modern Printing Press Zen Master Thich Thanh Tu z klasztoru Truc Lam: At the Zen Gate, The Carefree Leaves, Open the door to self emancipation, The source of Buddhist Dharmas, Buddhism for beginners  Flood, G. (2008). Hinduizm. Wprowadzenie, Kraków: Wydawnictwo Uniwersytetu Jagiellońskiego. Teasdale, J., Williams, M., Segal, Z. (2016). Praktyka uważności. Kraków: Wyd. Uniwersytetu Jagiellońskiego	
	Supplementary literature	lack	
	eResources addresses		
Example issues/ example questions/ tasks being completed	lack		
Work placement	Not applicable		

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