

Subject card

Subject name and code	Psychology of Emotion and Motivation - lecture, PG_00205391						
Field of study	Criminology						
Date of commencement of studies	October 2026	Academic year of realisation of subject			2026/2027		
Education level	Bachelor's studies	Subject group			Obligatory subject group in the field of study Subject group related to scientific research in the field of study		
Mode of study	full-time studies	Mode of delivery			at the university		
Year of study	1	Language of instruction			Polish		
Semester of study	2	ECTS credits			3.0		
Learning profile	academic	Assessment form			exam		
Conducting unit	Faculty of Law and Administration -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr Magdalena Nilidzińska				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	30.0	0.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		0.0		45.0	75
Subject objectives	To familiarize students with the regularities of the functioning of emotional and motivational processes according to contemporary theories and concepts of general psychology. Students will develop a basic network of theoretical psychology concepts to describe, analyze a person's behavior, feelings and experiences, allowing them to adequately understand and explain the reasons for specific behavior in a given social and situational context. Students will learn to independently use knowledge in the field of general psychology to describe, analyze and explain antisocial and antisocial behavior.						
Learning outcomes	Course outcome		Subject outcome		Method of verification		
	[KRYML3_W03] Has advanced knowledge and understands the relationships and social and psychological determinants between selected phenomena related to criminal acts, including key social and psychological phenomena relevant to the context of the studied field.						

Subject contents	Definitions of emotions and other affective states. Principles and general laws controlling the emergence and functioning of emotional processes. Levels and perspectives of description and analysis of emotional and other affective processes. Regulatory functions of emotional and other affective processes. Selected theories of emotion formation. Development of the human emotional sphere, disorders and abnormalities in this area. Mechanisms of self-regulation of emotions, self-control, strategies for managing emotions and moods. The role of emotions in adult psychopathology. Regulatory functions of motivational processes, basic mechanisms of arousing motivation. Selected theories of motivation. Intrinsic and extrinsic motivation. Achievement motivation . Purposeful motivation. Cognitive motivation. Values and their motivational functions. Motivational consequences of self-esteem and self-esteem; to prosocial behavior, to aggressive behavior.		
Prerequisites and co-requisites			
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	written exam with open questions (tasks).	51.0%	40.0%
	determining the final grade based on partial grades received during the semester	51.0%	40.0%
	completing a final paper - conducting research and presentation their results	51.0%	20.0%
Recommended reading	Basic literature	1. Mietzel , G. (1998) Wprowadzenie do psychologii. Podstawowe zagadnienia. Rozdz. 8 2. Selye, H., (1978) Stres okiełznany. Rozdz. I i II. 3. Ranschburg, J., (1993) Lęk, gniew, agresja, s. 93-152. 4. Potter-Effron, R., (1999) Życie ze złością. Cz. I. 5. Kofta, M., (1978) Samokontrola a emocje. Rozdz. 8 i 9	
	Supplementary literature	1. Strelau J. (2000) Psychologia. Podręcznik akademicki. t. 2, cz. VI. 2. Fromm E. (1998) Anatomia ludzkiej destrukcyjności. 3. Gierowski J.,K. (1989) Motywacja zabójstw. 4. Gierowski J. K. (1991) Agresywność sprawców zabójstw (w) Majchrzyk Z., Gordon T., Milewska E., (red.) Stany afektywne w opiniowaniu sądowym psychiatryczno-psychologicznym. s. 93-105 5. Gierowski J.K. (1992) Motywacyjna rola lęku w genezie zabójstw (w) Gierowski J.K., Majchrzyk Z. (red.) Psychologia zabójstw	
	eResources addresses		
Example issues/ example questions/ tasks being completed	Selected theories of emotion formation.		
Work placement	Not applicable		

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