

## Subject card

|                                             |                                                                                                        |                                                          |                                         |                                     |                        |            |     |
|---------------------------------------------|--------------------------------------------------------------------------------------------------------|----------------------------------------------------------|-----------------------------------------|-------------------------------------|------------------------|------------|-----|
| Subject name and code                       | Course seminar: Personal and professional well-being and functioning in the labour market, PG_00206968 |                                                          |                                         |                                     |                        |            |     |
| Field of study                              | Psychology                                                                                             |                                                          |                                         |                                     |                        |            |     |
| Date of commencement of studies             | October 2024                                                                                           |                                                          | Academic year of realisation of subject |                                     | 2026/2027              |            |     |
| Education level                             | uniform Master's studies                                                                               |                                                          | Subject group                           |                                     | Optional subject group |            |     |
| Mode of study                               | full-time studies                                                                                      |                                                          | Mode of delivery                        |                                     | at the university      |            |     |
| Year of study                               | 3                                                                                                      |                                                          | Language of instruction                 |                                     | Polish                 |            |     |
| Semester of study                           | 6                                                                                                      |                                                          | ECTS credits                            |                                     | 3.0                    |            |     |
| Learning profile                            | academic                                                                                               |                                                          | Assessment form                         |                                     | credit                 |            |     |
| Conducting unit                             |                                                                                                        |                                                          |                                         |                                     |                        |            |     |
| Name and surname of lecturer (lecturers)    | Subject supervisor                                                                                     |                                                          | dr Aleksandra Peplińska                 |                                     |                        |            |     |
|                                             | Teachers                                                                                               |                                                          |                                         |                                     |                        |            |     |
| Lesson types                                | Lesson type                                                                                            | Lecture                                                  | Tutorial                                | Laboratory                          | Project                | Seminar    | SUM |
|                                             | Number of study hours                                                                                  | 0.0                                                      | 0.0                                     | 0.0                                 | 0.0                    | 30.0       | 30  |
|                                             | E-learning hours included: 0.0                                                                         |                                                          |                                         |                                     |                        |            |     |
| Learning activity and number of study hours | Learning activity                                                                                      | Participation in didactic classes included in study plan |                                         | Participation in consultation hours |                        | Self-study | SUM |
|                                             | Number of study hours                                                                                  | 30                                                       |                                         | 0.0                                 |                        | 0.0        | 30  |
| Subject objectives                          | nie dotyczy                                                                                            |                                                          |                                         |                                     |                        |            |     |

| Learning outcomes | Course outcome                                                                                                                                                                                                                                                                                                                                                                                          | Subject outcome | Method of verification                                                                  |
|-------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------|-----------------------------------------------------------------------------------------|
|                   | [PSYCHJ5_K05] He/she is convinced of the necessity and importance of behaving in a professional manner and adheres to the principles of professional ethics; he/she sees and formulates moral problems and ethical dilemmas related to his/her own and someone else's work; he/she seeks optimal solutions and the possibility of correcting incorrect psychological actions.                           | nie dotyczy     | [SK1] oral statement/conversation/discussion<br>[SK2] presentation/project/paper/report |
|                   | [PSYCHJ5_K06] He/she is responsible for his/her own preparation for work, decisions taken, actions taken and their effects, he/she feels responsible towards people for whom good he/she tries to act, he/she expresses such an attitude in the environment of specialists and indirectly models this approach among others.                                                                            | nie dotyczy     | [SK1] oral statement/conversation/discussion<br>[SK2] presentation/project/paper/report |
|                   | [PSYCHJ5_W01] He/she knows the terminology used in psychology and its application in related disciplines at the advanced level.                                                                                                                                                                                                                                                                         | nie dotyczy     | [SW1] oral statement/conversation/discussion                                            |
|                   | [PSYCHJ5_W04] He/she has an in-depth and structured knowledge of the subject, methodological and statistical specificity of psychology (he/she knows the main strategies and methods of applied research in social sciences and humanities; he/she knows the map of positions and methodological approaches, he/she knows the basic methods of statistical analyses to conduct research in psychology). | nie dotyczy     | [SW2] presentation/project/paper/report                                                 |
|                   | [PSYCHJ5_U04] He/she is able to clearly, coherently and precisely express himself/herself orally and in writing in Polish and in a foreign language, he/she has the ability to construct extensive oral and written justifications on topics related to various psychological issues using various theoretical approaches, using the achievements of both psychology and other scientific disciplines.  | nie dotyczy     | [SU2] presentation/project/paper/report                                                 |
|                   | [PSYCHJ5_U11] He/she is able to work in a team performing various roles; he/she knows how to accept and assign tasks, he/she has elementary organizational skills allowing to achieve goals related to designing and undertaking professional activities.                                                                                                                                               | nie dotyczy     | [SU1] oral statement/conversation/discussion<br>[SU2] presentation/project/paper/report |
|                   | [PSYCHJ5_W05] Has a structured and in-depth knowledge of the specialization of psychology, including terminology, theory, and methodology.                                                                                                                                                                                                                                                              | nie dotyczy     | [SW2] presentation/project/paper/report                                                 |
|                   | [PSYCHJ5_K02] He/she is ready to take on professional and personal challenges; he/she is active, takes the trouble and is persistent in undertaking individual and team professional activities in the field of psychology; he/she is committed to cooperation.                                                                                                                                         | nie dotyczy     | [SK1] oral statement/conversation/discussion<br>[SK2] presentation/project/paper/report |

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|----------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-----------------------------------------------------------------------------------------|
|                                                                | Course outcome                                                                                                                                                                                                                                                                                                                                                                                                                                     | Subject outcome   | Method of verification                                                                  |
|                                                                | [PSYCHJ5_U06] He/she has developed research skills: he/she distinguishes between orientations in the methodology of psychological research, formulates research problems, selects adequate research methods, statistical methods and research tools, constructs research tools; develops, presents and interprets research results, draws conclusions, indicates directions for further research within the selected specialization of psychology. | nie dotyczy       | [SU1] oral statement/conversation/discussion<br>[SU2] presentation/project/paper/report |
|                                                                | [PSYCHJ5_K08] He/she is aware of the ethical dimension in scientific research.                                                                                                                                                                                                                                                                                                                                                                     | nie dotyczy       | [SK2] presentation/project/paper/report                                                 |
|                                                                | [PSYCHJ5_K04] He/she identifies himself/herself with the values, goals and tasks implemented in psychological practice, he/she is characterized by caution, maturity and commitment to designing, planning and implementing psychological activities.                                                                                                                                                                                              | nie dotyczy       | [SK1] oral statement/conversation/discussion<br>[SK2] presentation/project/paper/report |
|                                                                | [PSYCHJ5_U05] He/she has in-depth skills to present his/her own ideas, doubts, and suggestions, to support them with extensive argumentation in the context of selected theoretical perspectives, views of various authors, while being guided by ethical principles.                                                                                                                                                                              | nie dotyczy       | [SU1] oral statement/conversation/discussion<br>[SU2] presentation/project/paper/report |
|                                                                | [PSYCHJ5_U01] He/she has in-depth skills of observing, searching, and processing information on social phenomena of various nature, using various sources and interpreting them from the point of view of psychological and health problems.                                                                                                                                                                                                       | nie dotyczy       | [SU1] oral statement/conversation/discussion<br>[SU2] presentation/project/paper/report |
|                                                                | [PSYCHJ5_W11] He/she has organized knowledge of ethical principles and norms and professional ethics; he/she knows the legal, organizational, and ethical conditions of the performed professional activity.                                                                                                                                                                                                                                       | nie dotyczy       | [SW2] presentation/project/paper/report                                                 |
| Subject contents                                               | nie dotyczy                                                                                                                                                                                                                                                                                                                                                                                                                                        |                   |                                                                                         |
| Prerequisites and co-requisites                                | nie dotyczy                                                                                                                                                                                                                                                                                                                                                                                                                                        |                   |                                                                                         |
| Assessment methods and criteria                                | Subject passing criteria                                                                                                                                                                                                                                                                                                                                                                                                                           | Passing threshold | Percentage of the final grade                                                           |
|                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 51.0%             | 50.0%                                                                                   |
|                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                    | 51.0%             | 50.0%                                                                                   |
| Recommended reading                                            | Basic literature                                                                                                                                                                                                                                                                                                                                                                                                                                   | nie dotyczy       |                                                                                         |
|                                                                | Supplementary literature                                                                                                                                                                                                                                                                                                                                                                                                                           | nie dotyczy       |                                                                                         |
|                                                                | eResources addresses                                                                                                                                                                                                                                                                                                                                                                                                                               |                   |                                                                                         |
| Example issues/<br>example questions/<br>tasks being completed | nie dotyczy                                                                                                                                                                                                                                                                                                                                                                                                                                        |                   |                                                                                         |
| Work placement                                                 | Not applicable                                                                                                                                                                                                                                                                                                                                                                                                                                     |                   |                                                                                         |

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