

Subject card

Subject name and code	Soft skills in the workplace, PG_00206502						
Field of study	Economics, International Economic Relations						
Date of commencement of studies	October 2025		Academic year of realisation of subject		2026/2027		
Education level	Master's studies		Subject group		Obligatory subject group in the field of study Optional subject group		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	2		Language of instruction		Polish		
Semester of study	4		ECTS credits		2.0		
Learning profile	academic		Assessment form		credit		
Conducting unit							
Name and surname of lecturer (lecturers)	Subject supervisor		dr Małgorzata Zielenkiewicz				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	30.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		2.0		18.0	50
Subject objectives	Providing students with communication, teamwork, time management, and mental resilience tools that directly translate into efficiency and well-being at work.						
Learning outcomes	Course outcome		Subject outcome		Method of verification		
	[MSGMU2_W14] has an in-depth knowledge of the human being as an individual making economic decisions, acting in social structures and organisational units, in particular in enterprises operating on the international market		he student has in-depth knowledge of human functioning in the professional environment. They understand the dynamics of group development, know the mechanisms of conflict generation and communication barriers - including those resulting from operating in a multicultural environment - and possess knowledge on how to overcome them. They are also familiar with time and stress management techniques. Consults with the instructor as needed.		[SW4] test/exam - oral or written [SW1] oral statement/ conversation/discussion [SW5] implementation of a problem task		
	[EKONMU2_W05] has an extended knowledge of the human being as a manufacturer and consumer and extended knowledge of the human being as a creator of culture and social structures		The student has extended knowledge of the human being as a co-creator of an organization, operating within diverse professional relationships. Consults with the instructor as needed.		[SW4] test/exam - oral or written [SW1] oral statement/ conversation/discussion [SW5] implementation of a problem task		

Subject contents	1. Teamwork: stages of group development and roles within a group 2. Communication: concept, communication barriers, and the significance of individual differences (temperament, von Thun's model, and concepts of information metabolism) 3. Overcoming communication difficulties: conflict response styles, active listening, "I" statements, Nonviolent Communication (NVC), and assertiveness 4. Personal effectiveness: time management and stress management		
Prerequisites and co-requisites			
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	Continuous assessment based on multiple minor activities (quizzes, discussions, and workshop tasks). The final grade is determined by the total number of points accumulated throughout the semester.	51.0%	100.0%
Recommended reading	Basic literature	Allen, D., <i>Getting Things Done, czyli sztuka bezstresowej efektywności</i> . Helion. Rosenberg, M. B., <i>Porozumienie bez przemocy. O języku życia</i> . Wydawnictwo Czarna Owca. Schulz von Thun, F. , <i>Sztuka rozmawiania. Tom 1-4</i> . Wydawnictwo WAM. Thomas, K. W., Kilmann, R. H., Thomas-Kilmann Conflict Mode Instrument. <i>TKI Profile and Interpretive Report 1.11</i> (2008): 1-11.	
	Supplementary literature	Berne E., <i>W co grają ludzie. Psychologia stosunków międzyludzkich</i> . PWN. Covey, S. R., <i>7 nawyków skutecznego działania</i> . Rebis. Strelau J., <i>Psychologia różnic indywidualnych</i> , Wydawnictwo Naukowe Scholar.	
	eResources addresses		
	Example issues/ example questions/ tasks being completed		
Work placement	Not applicable		

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