

Subject card

Subject name and code	Elective classes - Concepts of Happiness and Unhappiness in Relation to Life as a Whole, PG_00208390						
Field of study	Philosophy						
Date of commencement of studies	October 2025		Academic year of realisation of subject		2026/2027		
Education level	Bachelor's studies		Subject group		Obligatory subject group in the field of study Optional subject group		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	2		Language of instruction		Polish		
Semester of study	3		ECTS credits		2.0		
Learning profile	academic		Assessment form		credit		
Conducting unit	Division of Metaphysics, Philosophy of Religion and Contemporary Philosophy -> Institute of Philosophy -> Faculty of Social Sciences -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr Marek Pepliński				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	30.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		0.0		0.0	30
Subject objectives	Acquainting the student with a range of concepts of happiness and a happy life, as well as the role of unhappiness in life understood as a whole.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[FILOZL3_W06] The graduate knows the ideas and arguments of selected classical philosophical authors on the basis of independent reading of their writings.	Zna idee i argumenty wybranych klasycznych autorów filozoficznych na podstawie samodzielnej lektury ich pism.	[SW1] oral statement/ conversation/discussion [SW2] presentation/project/paper/ report [SW3] text preparation/written work
	[FILOZL3_W02] He/she is familiar with advanced philosophical terminology in Polish	Knows advanced philosophical terminology in Polish.	[SW1] oral statement/ conversation/discussion [SW2] presentation/project/paper/ report [SW3] text preparation/written work
	[FILOZL3_W10] The graduate knows methods of interpreting philosophical texts.	Knows methods of interpreting philosophical texts.	[SW3] text preparation/written work
	[FILOZL3_W01] The graduate has advanced knowledge of the place and significance of philosophy in relation to sciences as well as the material and methodological specificity of philosophy	Copilot said: Has advanced knowledge of the place and significance of philosophy in relation to the sciences, as well as of the subject-specific and methodological distinctiveness of philosophy.	[SW3] text preparation/written work
	[FILOZL3_U01] The graduate searches for, analyses, evaluates, selects, and uses information from written or electronic sources.	Searches for, analyzes, evaluates, selects, and uses information from written or electronic sources.	[SU1] oral statement/conversation/ discussion [SU2] presentation/project/paper/ report [SU3] text preparation/written work
	[FILOZL3_K03] Based on a creative analysis of new situations and problems, he/she independently formulates proposals for their solution.	Copilot said: Based on a creative analysis of new situations and problems, independently formulates proposals for their solutions.	[SK1] oral statement/conversation/ discussion [SK2] presentation/project/paper/ report [SK3] text preparation/written work
	[FILOZL3_U04] The graduate knows the methods of interpreting a philosophical text, can read and interpret a philosophical text.	Reads and interprets philosophical texts.	[SU1] oral statement/conversation/ discussion [SU2] presentation/project/paper/ report [SU3] text preparation/written work
Subject contents	Main concepts of happiness and their value. The concept of unhappiness: suffering, lack of fulfillment, sadness, despair. The impact of the fundamental option on the concept of a good life. Happiness and favorable or unfavorable fortune. Happiness and receiving, gift, and loss. Love and happiness. Hedonism, eudaimonism, stoicism, Buddhism, the teaching of Christ, utilitarianism.		
Prerequisites and co-requisites	Due to ECTS regulations, a condition that precludes qualification (i.e., sitting the exam / passing the course) is absence from classes amounting to 8 or more sessions out of 15. This applies regardless of whether the absences are due to illness, unforeseen circumstances, or scheduling issues. In exceptional cases, the instructor reserves the right to determine how absences may be made up. Attendance is mandatory and is monitored. Absence from four or more unmade-up classes automatically results in a reduction of the final grade by 0.5 or 1 point (for 15 classes: 4–5 absences = –0.5; 6–7 absences = –1).		
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
		45.0%	80.0%
		6.0%	20.0%
Recommended reading	Basic literature	nie dotyczy	

	Supplementary literature	Burns, D. (2022). <i>Radość życia</i>. Dalajlama XIV. (2013). <i>Ścieżka buddyzmu tybetańskiego: Koniec cierpienia i odkrycie drogi do szczęścia</i> (tłum. M. Czub). Helion. <i>Dhammapada czyli Strofy o Dhammie</i>. (2023). Austeria. Kongregacja Nauki Wiary. (1994). <i>Katechizm Kościoła katolickiego</i>. Pallottinum. Tomasz z Akwinu. (1962–1986). <i>Suma teologiczna</i> (tłum. S. Bęlich i in.). Londyn. Przełącz swoją opinię na temat programu BizChat Wyślij wiadomość do funkcji Copilot WszystkieKontaktyKontaktyPlikiPlikiSpotkaniaSpotkaniaAdresy e-mailAdresy e-mail
	eResources addresses	
Example issues/ example questions/ tasks being completed		
Work placement	Not applicable	

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