

Subject card

Subject name and code	Happiness and the Meaning of Life: A Philosophical and Psychological Perspective, PG_00208745						
Field of study	Philosophy						
Date of commencement of studies	October 2025		Academic year of realisation of subject		2026/2027		
Education level	Master's studies		Subject group		Obligatory subject group in the field of study Optional subject group		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	2		Language of instruction		Polish		
Semester of study	4		ECTS credits		2.0		
Learning profile	academic		Assessment form		credit		
Conducting unit	Division of History of Classical, Medieval and Modern Philosophy -> Institute of Philosophy -> Faculty of Social Sciences -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		mgr Krystyna Bembenek				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	0.0	30.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		0.0		20.0	50
Subject objectives							

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[FILOZMU2_K03] The graduate is able to appropriately determine priorities for the realization of a task defined by himself/herself and others.		[SK1] oral statement/conversation/discussion
	[FILOZMU2_W10] The graduate has a comprehensive knowledge and deep understanding of the views of a selected leading philosophical author or of the current state of research in a selected philosophical issue.		[SW2] presentation/project/paper/report
	[FILOZMU2_U03] The graduate creatively applies philosophical and methodological knowledge in formulating hypotheses and constructing critical arguments.		[SU1] oral statement/conversation/discussion [SU3] text preparation/written work [SU5] implementation of a problem task
	[FILOZMU2_W02] The graduate has extended knowledge of the place and significance of philosophy in relation to other sciences, as well as the material and methodological specificity of philosophy.		[SW1] oral statement/conversation/discussion [SW2] presentation/project/paper/report
	[FILOZMU2_K01] The graduate knows the scope of his/her knowledge and skills, understands the need for constant learning and professional development.		[SK1] oral statement/conversation/discussion
	[FILOZMU2_U10] The graduate formulates precisely, orally and in writing, complex philosophical problems, puts forward theses and critically comments on them.		[SU1] oral statement/conversation/discussion [SU2] presentation/project/paper/report
Subject contents			
Prerequisites and co-requisites			
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
		51.0%	50.0%
		51.0%	50.0%
Recommended reading	Basic literature		
	Supplementary literature		
	eResources addresses		
Example issues/ example questions/ tasks being completed			
Work placement	Not applicable		

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