

Subject card

Subject name and code	Techniques and Methods of Teaching Russian, PG_00211283						
Field of study	Russian Philology						
Date of commencement of studies	October 2026		Academic year of realisation of subject		2027/2028		
Education level	Bachelor's studies		Subject group		Obligatory subject group in the field of study Optional subject group Humanistic-social subject group Subject group related to scientific research in the field of study		
Mode of study	full-time studies		Mode of delivery		at the university		
Year of study	2		Language of instruction		Polish		
Semester of study	3		ECTS credits		3.0		
Learning profile	academic		Assessment form		exam		
Conducting unit	Division of Russian Language Pragmatics, Communication and Didactics -> Institute of Russian and Eastern Studies -> Faculty of Languages -> Rector						
Name and surname of lecturer (lecturers)	Subject supervisor		dr Katarzyna Wądołowska-Lesner				
	Teachers						
Lesson types	Lesson type	Lecture	Tutorial	Laboratory	Project	Seminar	SUM
	Number of study hours	30.0	0.0	0.0	0.0	0.0	30
	E-learning hours included: 0.0						
Learning activity and number of study hours	Learning activity	Participation in didactic classes included in study plan		Participation in consultation hours		Self-study	SUM
	Number of study hours	30		2.0		43.0	75
Subject objectives	The aim of the course is to familiarise students with the fundamental concepts of language teaching, that is, with issues relating to the teaching and learning process. Students will learn the most important learning techniques and methods used in the teaching of Russian. The aim of the course is to develop self-learning skills, creative abilities and an understanding of the importance of completing tasks on time. As a result, students will be equipped with a mindset geared towards lifelong learning.						

Learning outcomes	Course outcome	Subject outcome	Method of verification
	[FROSL3_K02] The graduate is prepared to recognize the importance of the knowledge acquired during their studies in Russian philology for solving cognitive and practical problems, as well as to seek expert opinions when faced with difficulties in solving problems independently.	The student applies the knowledge they have acquired to solve practical problems. If they encounter difficulties in solving these problems, they seek expert advice.	[SK1] oral statement/conversation/discussion [SK4] test/exam - oral or written [SK5] implementation of a problem task
	[FROSL3_W01] The graduate has advanced knowledge and understanding of the place and significance of linguistics within the system of the humanities, its subject-specific and methodological characteristics, as well as its connections with selected disciplines in the humanities and social sciences.	The student has knowledge of the links between linguistics and other disciplines, including psychology and pedagogy.	[SW4] test/exam - oral or written [SW1] oral statement/conversation/discussion
	[FROSL3_W03] The graduate has advanced knowledge and understanding of concepts and terminology used in linguistics, particularly applying to research on the Russian language.	The student defines, explains and correctly applies, both orally and in writing, the fundamental concepts specific to language teaching.	[SW4] test/exam - oral or written [SW1] oral statement/conversation/discussion
	[FROSL3_U11] The graduate is able to independently plan and implement their own lifelong learning in the field of Russian studies, the Russian language and a selected sphere of professional activity related to the use of the Russian language.	The student is able to independently plan and carry out their own learning and subject-matter preparation for professional activity related to teaching the Russian language, selecting appropriate foreign-language-pedagogy (glottodidactic) techniques and methods.	[SU1] oral statement/conversation/discussion [SU8] observation of student's independent or team work
	[FROSL3_U01] The graduate is able to apply general linguistic and literary knowledge, as well as general knowledge from related disciplines, to solve tasks involving the study of specific issues, including those related to the Russian language and literature.	Students are able to apply their general knowledge of linguistics, as well as knowledge from related disciplines, to tasks associated with their studies, such as taking effective notes or preparing lesson plans.	[SU1] oral statement/conversation/discussion [SU5] implementation of a problem task
Subject contents	Lifelong learning. Health and safety at work. How the brain works. Self-study techniques. Learning techniques. Concentration. Effective note-taking. Visual learning. Techniques for ensuring natural communication in teaching. Mnemonics as a means of facilitating the memorisation of foreign vocabulary. Speed reading techniques and their role in learning Russian. Conventional and unconventional methods of foreign language teaching. Specific features of teaching different age groups (children, teenagers, adults). Types of curricula. Planning Russian language lessons. The use of textbooks and other teaching aids (including multimedia) in the teaching process. The specific nature of teaching individual language skills (listening comprehension, speaking, reading comprehension, writing). Assessment and testing.		
Prerequisites and co-requisites			
Assessment methods and criteria	Subject passing criteria	Passing threshold	Percentage of the final grade
	Fulfilment of tasks assigned during classes	51.0%	30.0%
	Exam: written assignment (essays on three topics)	51.0%	70.0%
Recommended reading	Basic literature	- Gudzowski Z., I Read, I Remember, I Create. A Course in Speed Reading, Creative Skills Development and Memory Techniques, Poznań 2001. - Komorowska H., Methodology of Foreign Language Teaching, Warsaw 2001. - Kotarski R., Hack Your Brain, Warsaw 2019. - Róg T., Foreign Language Teaching. Theory, Research, Practice, Lublin 2020. - Rudzki P., Take a Look. Brilliant Ways to Speed Read, Helion, Gliwice 2010. - Schewe O., Super Student, Bukowy Las, 2018.	

	Supplementary literature	• Grucza F., On Language Learning and Language Teaching, Warsaw 2017. • Komorowska H., Assessing Skills in Foreign Language Learning, Warsaw 2007. • Locke E. A., How to Learn Effectively: Methods and Motivation, Poznań 2009 • Szurawski M., Memory and Intellect. Masterclass Training, Vol. 2, Łódź 2008. • Selected articles from the teachers journal Foreign Languages at School, the academic journal Neofilolog, and websites on teaching methodology.
	eResources addresses	
Example issues/ example questions/ tasks being completed	brak	
Work placement	Not applicable	

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